

B.Sc., FOOD SCIENCE & NUTRITION

Syllabus

Program Code: UFN

2023 - Onwards



MANNAR THIRUMALAI NAICKER COLLEGE

(AUTONOMOUS)

Re-accredited with “A⁺” Grade by NAAC

PASUMALAI, MADURAI – 625 004

**MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS),
MADURAI – 625 004**
B.SC FOOD SCIENCE AND NUTRITION CURRICULUM
(For the students admitted from the academic year 2023-2024 onwards)

Course Code	Title of the Course	Hrs	Credits	Maximum Marks		
				Int	Ext	Total
FIRST SEMESTER						
Part – I	Tamil / Alternative Course					
23UTAGT11	தமிழ் இலக்கிய வரலாறு - I	6	3	25	75	100
Part – II	English					
23UENGE11	General English - I	6	3	25	75	100
Part - III	Core Courses					
23UFNCC11	Food Science	5	5	25	75	100
23UFNCP11	Basic Cookery - Practical	5	5	25	75	100
Part - III	Elective Course					
23UFNEC11	Nutrition Assessment and Diet Counselling	4	3	25	75	100
Part IV	Non Major Elective					
23UFNNM11	Food Product Development	2	2	25	75	100
Part IV	Foundation Course					
23UFNFC11	Principles of Resource Management	2	2	25	75	100
Total		30	23	175	525	700
SECOND SEMESTER						
Part – I	Tamil / Alternative Course					
23UTAGT21	தமிழ் இலக்கிய வரலாறு – II	6	3	25	75	100
Part – II	English					
23UENGE21	General English - II	6	3	25	75	100
Part - III	Core Courses					
23UFNCC21	Human Physiology	5	5	25	75	100
23UFNCC22	Basics of Food Microbiology	3	3	25	75	100
23UFNCP21	Basics of Food Microbiology - Practical	2	2	25	75	100
Part - III	Elective Course					
23UCHEA21	Chemistry for Biological Sciences	4	3	25	75	100
Part IV	Non Major Elective					
23UFNNM21	Foundations of Baking and Confectionery	2	2	25	75	100
Part IV	Skill Enhancement course					
23UFNSC21	Fundamentals of Art & Design	2	2	25	75	100
Total		30	23	200	600	800

Course Code	Title of the Course	Hrs	Credits	Maximum Marks		
				Int	Ext	Total
THIRD SEMESTER						
Part – I	Tamil / Alternative course					
23UTAGT31	தமிழக வரலாறும் பண்பாடும்	6	3	25	75	100
Part – II	English					
23UENGE31	General English - III	6	3	25	75	100
Part - III	Core course					
23UFNCC31	Human Nutrition	5	5	25	75	100
Part - III	Elective courses					
23UCHEA32	Chemistry For Biological Sciences – II	5	5	25	75	100
23UFNEC31	Food Safety and Quality Control	4	4	25	75	100
Part - IV	Skill Based courses					
23UFNSP31	Food Preservation – Practical	2	2	25	75	100
23UFNSC31	Changing Trends in Extension Education	1	1	25	75	100
Part - IV	Mandatory course					
23UEVSG41	Environmental Studies	1	-	-	-	-
Total		30	23	175	525	700
FOURTH SEMESTER						
Part – I	Tamil / Alternative course					
23UTAGT41	தமிழும் அறிவியலும்	6	3	25	75	100
Part – II	English					
23UENGE41	General English - IV	6	3	25	75	100
Part - III	Core courses					
23UFNCC41	Nutritional Biochemistry	5	5	25	75	100
23UFNCP41	Nutrition and Nutritional Biochemistry – Practical	4	4	25	75	100
Part - III	Elective course					
23UFNEC41	Human Development	4	3	25	75	100
Part - IV	Skill Based courses					
23UFNSC41	Foundations of Entrepreneurship	2	2	25	75	100
23UCSSP42	Computer Applications in Home Science Lab	2	2	25	75	100
Part - IV	Mandatory course					
23UEVSG41	Environmental Studies	1	2	25	75	100
Total		30	24	200	600	800

Course Code	Title of the Course	Hrs	Credits	Maximum Marks		
				Int	Ext	Total
FIFTH SEMESTER						
Part - III	Core courses					
23UFNCC51	Nutrition Through Life Cycle Theory	5	4	25	75	100
23UFNCC52	Public Health Nutrition	5	4	25	75	100
23UFNCP51	Nutrition Through Life Cycle Practical	5	4	25	75	100
Part - III	Core project					
23UFNPR51	Project with Viva - Voce	5	4	25	75	100
Part - III	Elective courses - I					
23UFNEC51	Fibre to Fabric	4	3	25	75	100
23UFNEC52	Food Product Development					
23UFNEC53	Foundations of Baking and Confectionery					
Part - III	Elective courses - II					
23UFNEC54	Fundamentals of Research in Nutritional Sciences	4	3	25	75	100
23UFNEC55	Nutrition Education and Communication					
23UFNEC56	Life Skill Strategies and Techniques					
Part - IV	Mandatory course					
23UVLEG51	Value Education	2	2	25	75	100
23UFNIN51	Internship / Industrial Training	-	2	25	75	100
Total		30	26	200	600	800
SIXTH SEMESTER						
Part - III	Core courses					
23UFNCC61	Dietetics Theory	6	4	25	75	100
23UFNCP61	Dietetics Practical	6	4	25	75	100
23UFNCC62	Quantity Food Production and Service	6	4	25	75	100
Part - III	Elective courses - I					
23UFNEC61	Functional Food for Chronic Disease	5	3	25	75	100
23UFNEC62	Food Preservation Theory					
23UFNEC63	Introduction to Fashion Designing					
Part - III	Elective courses - II					
23UFNEC64	Food Service Management	5	3	25	75	100
23UFNEC65	Concepts in Apparel Designing					
23UFNEC66	Pre - School and Crèche Management					
Part - IV	Skill course					
23UFNSC61	Professional competency skill enhancement course (Aptitude and Reasoning)	2	2	25	75	100
Part - V	Extension activities					
23UNCET61, 23UNSET61, 23UPEET61, 23URRET61 , 23UYRET61, 23UHFET61, 23UEOET61 & 23UHRET61	N.C.C, N.S.S, Physical Education, R.R.C, Y.R.C, Health and Fitness Club, ECO Club & Human Rights Club	-	1	25	75	100
Total		30	21	175	525	700
Grand total		180	140	1125	3375	4500

FIFTH SEMESTER



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Nutrition Through Life Cycle Theory			
Course Code	23UFNCC51	L	P	C
Category	Core	5	-	4
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ Understand the role of nutrition in the growth and development through the lifecycle.➤ Gain insight into the principles of effective meal planning.➤ Understand the nutritional needs of various age groups➤ Acquire skills to plan diets for various age groups across the lifecycle.				
UNIT - I	Introduction to meal planning			15
Introduction to meal planning - Balanced diet, food groups, Food Guide Pyramid (ICMR), Food plate, RDA, factors affecting RDA. Principles of meal planning – steps involved in planning a diet. Nutrition for Adult - nutritional requirements, planning balanced diets for adult men and women, promoting healthy lifestyle through holistic approach.				
UNIT - II	Nutrition during pregnancy and Lactation			15
Nutrition during pregnancy- Physiological demands of pregnancy, nutritional needs, effect of nutrition on pregnancy outcome, optimal weight gain, nutrition related problems in pregnancy, complications of pregnancy. Nutrition during lactation- Physiology of lactation, nutritional requirements, concerns of breast-feeding mother				
UNIT - III	Nutrition during infancy and preschool children			15
Nutrition during infancy- Growth and development, growth standards, food and nutritional requirements, breast feeding, artificial feeding, low birth weight babies, complementary feeds. Nutrition for preschool children- Growth and development, food and nutritional requirements, eating habits and food behaviors, nutrition related problems- PEM, VAD and their dietary interventions.				
UNIT - IV	Nutrition for school children and adolescence			15
Nutrition for school children- Growth pattern, nutritional requirement, importance of healthy snacks, factors affecting eating habits, school lunch. Nutrition during adolescence- Growth and development, nutritional requirements, food habits, nutritional problems – obesity, underweight, anaemia and eating disorders				
UNIT - V	Nutrition for old age			15
Nutrition for old age- Physiological changes in elderly, food and nutritional requirements, nutritional and health concerns in old age, healthy lifestyle.				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Srilakshmi B. (2011) Dietetics, sixth edition, New age Publishing Press, New Delhi.
- Gopalan, C., Ramanathan, P.V. Balasubramanian, S.C. (2001) Nutritive value of Indian foods, NIN, Hyderabad.

BOOKS FOR REFERENCES:

- Longvah T, Ananthan R, Bhaskar K, Venkaiah K. (2017) Indian Food Composition Tables, National Institute of Nutrition.
- Abraham S, Nutrition through Lifecycle. (2016) 1st edition, New age international publishers, New Delhi.
- Stacy N, William's Basic Nutrition and Diet Therapy. (2005) 12th edition, Elsevier publications, United Kingdom.
- Whitney EN and Rolfes SR, Understanding Nutrition. (2002) 9th edition West/Wordsworth, London
- Groff JL, Gropper SS, Advanced Nutrition and Human Metabolism. (2000) 3rd edition, West / Wadsworth, United Kingdom.
- Cataldo, DeBruyne and Whitney, Nutrition and Diet therapy– Principles and Practice. (1999) 5th edition, West/ Wadsworth, London.

WEB RESOURCES:

- ❖ <http://vikaspedia.in/health/nutrition/dietary-guidelines-1/dietary-guideline-1>
- ❖ <https://www.nhp.gov.in/healthyliving/healthy-diet>
- ❖ <https://motherchildnutrition.org/india/complementary-feeding-guidelines.html>
- ❖ <http://vikaspedia.in/health/nutrition/dietary-guidelines-1/diet-for-children-and-adolescents>
- ❖ <https://motherchildnutrition.org/india/complementary-feeding-guidelines.html>
- ❖ <https://sol.du.ac.in/mod/book/view.php?id=1422&chapterid=1288>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP			
Curriculum Relevance	LOCAL		REGIONAL			NATIONAL		✓	GLOBAL		
Changes Made in the Course	Percentage of Change			75 %	No Changes Made				New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.											

COURSE OUTCOMES:									K LEVEL
After studying this course, the students will be able to:									
CO1	Describe the meaning and principles of Growth & Development								K1 to K4
CO2	Explain developmental aspects during infancy, early and late childhood.								K1 to K4
CO3	Evaluate developmental aspects during adolescence.								K1 to K4
CO4	Identify the developmental tasks during adulthood and old age.								K1 to K4
CO5	Introduction to Children with Special Needs and identification & Educational Rehabilitation								K1 to K4

MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	3	3	2	3	2	2	3
CO2	3	3	3	3	3	3	3	2	2	3
CO3	3	3	3	3	3	3	3	2	2	3
CO4	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	2	3	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:					
COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:			
UNIT	Nutrition Through Life Cycle Theory	HRS	PEDAGOGY
I	Introduction to meal planning	15	PPT, Chalk & Talk
II	Nutrition during pregnancy	15	PPT, Chalk & Talk
III	Nutrition during infancy	15	PPT, Chalk & Talk
IV	Nutrition for school children	15	PPT, Chalk & Talk

V	Nutrition for old age	15	PPT, Chalk & Talk
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Learning Outcome Based Education & Assessment (LOBE)						
Formative Examination - Blue Print						
Articulation Mapping – K Levels with Course Outcomes (COs)						
Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
AI	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
AII	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II							
	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Public Health Nutrition			
Course Code	23UFNCC52	L	P	C
Category	Core	5	-	4
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ Gain knowledge about nutritional policies, programs and agencies involved in combating malnutrition.➤ Acquire knowledge and skills in assessment of nutritional status.➤ Create awareness on improving health and nutrition of the community				
UNIT - I	Concept and scope of public nutrition			15
Concept and scope of public nutrition Definition, concept, scope and multidisciplinary nature of public nutrition. Nutritional problems affecting the community. Etiology, prevalence, clinical features and preventive strategies for malnutrition related problems and deficiency disorders - Under nutrition (Protein energy malnutrition, Wasting, Stunting), Over nutrition (obesity and related risks), Nutritional anemia, Vitamin A deficiency, Iodine deficiency disorders, Fluorosis.				
UNIT - II	Assessment of nutritional status			15
Objectives and importance, Methods of assessment: Direct (Clinical signs, Anthropometry, Biochemical tests); Indirect (Diet surveys, vital statistics)				
UNIT - III	Nutrition policy and programs			15
National nutritional policy; Integrated child development scheme (ICDS), Midday Meal Program-State and National (Poshan Abhyan), National programs for the prevention of anemia, Vitamin A deficiency, Iodine deficiency disorders, Fortification of Foods and Public Distribution System as a preventive approach.				
UNIT - IV	Nutrition education			15
Nutrition education Objectives, principles and scope of nutrition and health education, creating awareness on current public health issues and devising strategies for prevention and management.				
UNIT - V	Role of National and International agencies			15
Role of National and International agencies in combating malnutrition WHO, FAO, UNICEF; National: FSSAI, ICAR, ICMR, NIN, FNB, CFTRI, NNMB- Role, Target groups (if specified), Policies and Programs.				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Wadhwa A and Sharma S (2003). Nutrition in the Community- A textbook. Elite Publishing House Pvt. Ltd. New Delhi.
- Park K (2011). Park's Textbook of Preventive and Social Medicine, 21st Edition. M/s Banarasidas Bhanot Publishers, Jabalpur, India.

BOOKS FOR REFERENCES:

- Jelliffe DB, Jelliffe ERP, Zerfas A and Neumann CG (1989). Community nutritional assessment with special reference to less technically developed countries. Oxford University Press. Oxford.
- WHO (2006). Child Growth Standards: Methods and development: height- forage, weight-for-age, weight-for-length, weight-for-height and body mass index for-age (<http://www.who.int/childgrowth/standards/en/>).
- Gupta,MC. And Mahajan BK. (2003) Textbook of Preventive and Social Medicine 3rd Ed Jaypee brothers,Medical Publishers (p) Ltd.

WEB RESOURCES:

- ❖ Mohfw.nic.in/NRHM/NIDD
- ❖ www.nrhmorissa.gov.in/NIDDCP.html
- ❖ www.Scripts.mit.edu

Nature of Course	EMPLOYABILITY		✓	SKILL ORIENTED		ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		GLOBAL	✓
Changes Made in the Course	Percentage of Change		85 %	No Changes Made		New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.								

COURSE OUTCOMES:**K LEVEL**

After studying this course, the students will be able to:

CO1	Define terms related to Public Health nutrition.	K1 to K4
CO2	Describe the nutritional problems prevalent in the community.	K1 to K4
CO3	Explain the significance of assessment of nutritional status.	K1 to K4
CO4	Assess the role of various organizations in combating nutritional problems	K1 to K4
CO5	Conduct nutrition education programs to create awareness on improving health and nutrition of the community at large.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	1	1	1	1	3	1	1	3
CO2	3	3	3	3	2	3	3	3	2	3
CO3	3	3	3	3	2	3	3	3	2	3
CO4	3	3	3	3	2	2	3	3	2	3
CO5	3	3	3	3	3	3	3	3	3	3

S- STRONG		M – MEDIUM			L - LOW
CO / PO MAPPING:					
COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	2	3	1	3
CO 2	3	3	3	3	3
CO 3	3	3	2	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	14	14	13	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3
LESSON PLAN:					
UNIT	Public Health Nutrition			HRS	PEDAGOGY
I	Concept and scope of public nutrition			15	PPT, Chalk & Talk
II	Assessment of nutritional status			15	PPT, Chalk & Talk
III	Nutrition policy and programs			15	PPT, Chalk & Talk
IV	Nutrition education			15	PPT, Chalk & Talk
V	Role of National and International agencies			15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Nutrition Through Life Cycle Practical			
Course Code	23UFNCP51	L	P	C
Category	Core	-	5	4

COURSE OBJECTIVES:

To enable the students to :

- Understand the role of nutrition in the growth and development through the lifecycle.
- Gain insight into the principles of effective meal planning.
- Understand the nutritional needs of various age groups
- Acquire skills to plan diets for various age groups across the lifecycle

Course Content

1. Preparation of Complementary feed.
2. Planning and preparation of diets for different activity levels and income group.
- 3.a. Pre-school child
- b. School going children
4. c. Adolescents
- d. Adult
- e. Expectant mother
5. f. Nursing mother
- g. Old age
6. Planning and preparation of diets (low and medium cost) for deficiency diseases
7. PEM
8. Vitamin A deficiency
9. Nutritional anemia
10. Packed lunch for school

BOOKS FOR STUDY:

- Srilakshmi B. (2011) Dietetics, sixth edition, New age Publishing Press, New Delhi.
- Gopalan, C., Ramanathan, P.V. Balasubramanian, S.C. (2001) Nutritive value of Indian foods, NIN, Hyderabad.

BOOKS FOR REFERENCES:

- Longvah T, Ananthan R, Bhaskar K, Venkaiah K. (2017) Indian Food Composition Tables, National Institute of Nutrition.
- Abraham S, Nutrition through Lifecycle. (2016) 1st edition, New age international publishers, New Delhi.
- Stacy N, William's Basic Nutrition and Diet Therapy. (2005) 12th edition, Elsevier publications, United Kingdom.
- Whitney EN and Rolfes SR, Understanding Nutrition. (2002) 9 th edition West/Wordsworth, London

WEB RESOURCES:

- ❖ <http://vikaspedia.in/health/nutrition/dietary-guidelines-1/dietary-guideline-1>
- ❖ <https://www.nhp.gov.in/healthyliving/healthy-diet>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		✓	GLOBAL		
Changes Made in the Course	Percentage of Change				No Changes Made			New Course		✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

COURSE OUTCOMES:									K LEVEL
After studying this course, the students will be able to:									
CO1	Describe the meaning and principles of Growth & Development								K1 to K4
CO2	Explain developmental aspects during infancy, early and late childhood.								K1 to K4
CO3	Evaluate developmental aspects during adolescence.								K1 to K4
CO4	Identify the developmental tasks during adulthood and old age.								K1 to K4
CO5	Introduction to Children with Special Needs and identification & Educational Rehabilitation								K1 to K4

MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	3	3	2	3	2	2	3
CO2	3	3	3	3	3	3	3	2	2	3
CO3	3	3	3	3	3	3	3	2	2	3
CO4	3	3	3	3	3	3	3	2	3	3
CO5	3	3	3	3	3	3	3	2	3	3
S- STRONG			M – MEDIUM				L - LOW			

CO / PO MAPPING:					
COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE	3	3	3	3	3

OF COURSE CONTRIBUTION TO POS					
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LESSON PLAN:

UNIT	Nutrition Through Life Cycle Practical	HRS	PEDAGOGY
I	Preparation of Complementary feed	5	Lab
II	Planning and preparation of diets for different activity levels and income group	5	Lab
III	a. Pre-school child b. School going children	7	Lab
IV	c. Adolescents d. Adult e. Expectant mother	8	Lab
V	f. Nursing mother g. Old age	10	Lab
VI	Planning and preparation of diets (low and medium cost) for deficiency diseases	10	Lab
VII	PEM	7	Lab
VIII	Vitamin A deficiency	8	Lab
IX	Nutritional anemia	7	Lab
X	Packed lunch for school	8	Lab

Learning Outcome Based Education & Assessment (LOBE)

Formative Examination - Blue Print

Articulation Mapping – K Levels with Course Outcomes (COs)

INTER NAL	COs	K LEVEL	MAJOR	MINOR	SPOTTERS	RECORD	VIVA
CI AI	CO1	K1					5
	CO2	K2				5	
	CO3	K3			5		
	CO4	K4		5			
	CO5	K4	5				
Question Pattern		No. of Questions to be asked	2 (A-Written B-Practical Demo)	2 (A-Written B-Practical Demo)	2	1	5
		No. of Questions to be answered	2	2	2	1	5
		Marks for each question	A-3 B-2	A-3 B-2	5	10	1
		Total Marks for each section	5	5	5	5	5

Distribution of Marks with K Level CIA									
	K Level	Major	Minor	Spotters	Record	Viva	Total Marks	% of Marks without choice	Consolidated %
CIA	K1					5	5	6.6	6.6
	K2				5		5	6.6	6.6
	K3			20			20	26.6	26.6
	K4		20				20	26.6	26.6
	K4	25					25	33.3	33.3
	Marks	25	20	20	5	5	75	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application-oriented- Solving Problems

K4- Examining, analyzing, presenting and making inferences with evidence

CO5 will be allotted for individual Assignments, which carry five marks as part of the CIA component.

Summative Examination – Blue Print							
Articulation Mapping – K Levels with Course Outcomes (COs)							
EXTERNAL	COs	K LEVEL	MAJOR	MINOR	SPOTTERS	RECORD	VIVA
CI AI	CO1	K1					5
	CO2	K2				5	
	CO3	K3			20		
	CO4	K4		20			
	CO5	K4	25				
Question Pattern		No. of Questions to be asked	2 (A-Written B-Practical Demo)	2 (A-Written B-Practical Demo)	2	1	5
		No. of Questions to be answered	2	2	2	1	5
		Marks for each question	A-20 B-5	A-15 B-5	5	10	1
		Total Marks for each section	25	20	20	5	5

Distribution of Marks with K Level CIA									
	K Level	Major	Minor	Spotters	Record	Viva	Total Marks	% of Marks without choice	Consolidated %
CIA	K1					5	5	6.6	6.6
	K2				5		5	6.6	6.6
	K3			20			20	26.6	26.6
	K4		20				20	26.6	26.6
	K4	25					25	33.3	33.3
	Marks	25	20	20	5	5	75	100	100



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Project with Viva – Voce			
Course Code	23UFNPR51	L	P	C
Category	Core	5	-	4

COURSE OBJECTIVES:

- Know various preservation techniques and storage methods of foods.
- Gain knowledge about developing a new food product.
- Apply ideas of food testing and microbial testing.
- Understand the concept of nutritional analysis and cost fixing.
- Apply knowledge of novel technologies in food science and nutrition

Course Content:

Group – 4 Member, 1 or 2 can be added by the approval of HOD.

Record submission – A hard bound report to be submitted to the Department.

Evaluation – Project (oral) presentation followed by a brief Viva

Internal 40 Marks (Course teacher)

External 60 Marks (Course teacher & External member from other department)

Course Description

The Project is conducted by the following Course Pattern.

Internal

Presentation

Submission } 25

External

Project Report

Viva Voce } 75

Total 100

COURSE OUTCOMES:									K LEVEL	
After studying this course, the students will be able to:										
CO1	Identify different technologies involved in food industries								K1 to K4	
CO2	Explain various departments of food industries.								K1 to K4	
CO3	Apply theoretical knowledge at food industry.								K1 to K4	
CO4	Analyze different machineries and products.								K1 to K4	
CO5	Evaluate processing methods involved in food industries.								K1 to K4	
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	2	1	2	2	1	2				
CO2	2	2	2	1	1	1				
CO3	1	1	1	1	2	2				
CO4	2	2	2	2	1	1				
CO5	1	1	1	1	2	1				
S- STRONG				M – MEDIUM				L - LOW		

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		✓	NATIONAL			GLOBAL	
Changes Made in the Course	Percentage of Change		20 %	No Changes Made				New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Fibre to Fabric			
Course Code	23UFNEC51	L	P	C
Category	Elective	4	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<div>➤ Understand the concepts in textiles, the properties of textile fibre, yarn and fabric.</div> <div>➤ Acquire knowledge about different types of fabric, make wise selection of textiles and its contribution to clothing and interior.</div>				
UNIT - I	Introduction to Textile	12		
Introduction, Terms and definition related to textiles, importance of textile				
UNIT - II	Textile fibres	12		
a) Properties of fibers- primary and secondary properties				
b) Classification of fibres – natural and man-made fibres.				
c) Manufacturing processes/Cultivation, properties and uses of Cotton, Silk, Wool, Polyester, Rayon and Nylon.				
UNIT - III	Yarns	12		
a) Definition of yarn				
b) Spinning process- Conventional yarn spinning - Cotton system and Unconventional yarn spinning.				
c) Types of yarn- spun yarns, filament yarns, sewing threads, simple and complex yarns.				
d) Properties of yarn-Yarn twist, Yarn count/ number (definition, unit of yarn count),				
e) Texturization - types				
UNIT - IV	Woven Fabric Construction	12		
a) Weaving- Warp and weft yarns, grain line, selvedge and Fabric count.				
b) Parts of a simple loom and basic weaving operations.				
c) Types of weaves- Basic weaves (Plain weave, variations in plain weave, Twill weave, variations in Twill weave, Satin weave and Sateen weave) Decorative weaves (Dobby weave, Jacquard weave, Leno weave, Surface figure weave, Pile, Double weave)				
UNIT - V	Other fabric construction	12		
a) Knitted fabric- warp and weft knitting b) Non-Woven fabric- method of manufacture – web formationparallel laid, cross laid, random laid, high velocity sprayed. Types- bonded fabrics, felts and care of non-woven .Other fabric construction process- Braided fabric, Net, Laces, Film fabric, tufted fabric				
Total Lecture Hours				60

BOOKS FOR STUDY:

- Corbman, B.P (1975) Textiles fiber to fabric. Mc. Graw hill, New York.
- Klein W.D A Practical Guide to Ring Spinning Textile Institute, Manchester
- Marjory L. J (1977) Introductory Textile Sciences Holt Reinhart and Winston, New York
- Sara.K.J, Langford.A (2002) Textiles. 9th ed Prentice Hall, London

BOOKS FOR REFERENCES:

- Robert, R. & Mather, R. H. (2015). The Chemistry of Textile Fibers. Cambridge: RSC Publishers.
- Sekhri, S. (2011) Textbook of Fabric Science: Fundamentals to Finishing. India: PHI Learning Pvt. Ltd.
- Smith, J.L. (2015). Textile Processing: Printing Dyeing Finishing. Chandigarh: Abhishek Publication.
- Rastogi, D., & Chopra, S. (2017). Textile Science. India: Orient Blackswan Private Limited.

WEB RESOURCES:

- ❖ <http://fibersource.com/f-tutor/rayon.htm>
- ❖ <http://www.fibersource.com/f-tutor/nylon.htm>
- ❖ <http://www.ehow.com/facts/5016460-parts-loom.html>
- ❖ <http://www.fabrics-manufacturers.com>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED				ENTREPRENEURSHIP			✓	
Curriculum Relevance	LOCAL	✓	REGIONAL			NATIONAL				GLOBAL			
Changes Made in the Course	Percentage of Change			65 %	No Changes Made					New Course			✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.													

COURSE OUTCOMES:			K LEVEL
After studying this course, the students will be able to:			
CO1	Describe the essential properties of textile fibres, yarns and the basic fabric construction techniques		K1 to K4
CO2	Explain the manufacturing process of man-made fibres, yarn construction and fabric construction.		K1 to K4
CO3	Classify textile fibres, yarns and fabrics.		K1 to K4
CO4	Categorize the fibres, yarns and fabrics for its appropriate end use.		K1 to K4
CO5	Assess the sequence of developing fibres into yarns and fabric		K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	2	1	1	2	2	3
CO2	3	3	3	2	2	1	1	2	2	3
CO3	3	3	2	3	2	1	1	2	2	3
CO4	3	3	3	2	2	1	1	2	2	3
CO5	3	3	2	2	2	1	1	2	2	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Fibre to Fabric	HRS	PEDAGOGY
I	Introduction to Textile	12	PPT,CHALK& TALK,VIDEOS
II	Textile fibre	12	PPT,CHALK& TALK
III	Yarns	12	PPT,CHALK& TALK
IV	Woven Fabric Construction	12	PPT,CHALK& TALK
V	Other fabric construction	12	PPT,CHALK& TALK

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Food Product Development			
Course Code	23UFNEC52	L	P	C
Category	Elective	4	-	3

COURSE OBJECTIVES:

To enable the students to :

- Understand the steps involved in new food product development.
- Learn about consumer preferences and market trends.
- Understand concepts about subjective and objective evaluation of new product.

UNIT - I Introduction to New Food Product development 12

Food products, definition, Classification, Characterization Reasons for new food product development

Factors shaping new product development-Social concerns, health concerns impact of technology and marketplace influence. Utilizing traditional foods, unconventional sources, functional, nutraceuticals foods for new product development Market Survey to identify the new product.

UNIT - II Product Development 12

a) New Product Development Team b) Sources of New Product ideas c) Designing new product d) Stages of product development e) Causes of product failure/ success in product development

UNIT - III Product Evaluation and Quality Control 12

Quality attributes – physical, chemical, nutritional, microbial, and sensory indicators Principles and types of assessment of quality. Subjective and objective methods of evaluation of product quality. Role of sensory evaluation in consumer product acceptance; requirements for sensory analysis - Sensory panel Evaluation of New Product: Nutritional evaluation (estimation of relevant parameters) Evaluation of shelf-life of the product (testing for appropriate quality parameters- physical, chemical, microbiological and nutrient content, acceptability studies) Food safety standards and regulations: Domestic regulations FSSAI, AGMARK, BIS Quality management systems in India; (ISO9001, ISO22000); Global Food safety Initiative; International food standards Various national and international organizations dealing with inspection, traceability and authentication, certification, and quality assurance

UNIT - IV Packaging and labelling 12

Packaging Material-types; factors affecting type of packaging material used; Aseptic packaging, modified atmosphere packaging, Controlled Atmosphere Packaging and active packaging. Packaging and Labelling of the product – Packaging design, graphics and labelling – FSSAI regulations for food labelling.

UNIT - V Marketing the product	12
Product life cycle Costing the product and determining the sales price Advertising and test marketing the product	
Total Lecture Hours	60

BOOKS FOR STUDY:

- Earle M., Earle RL. and Anderson A. (2001) Food Product Development: Maximizing success, Woodhead Publishing Ltd, Food Series, No. 64, 2001.
- Fuller, GW (2011). New food product development: From concept to marketplace. 3rd ed. New York, NY: CRC Press

BOOKS FOR REFERENCES:

- Lawless HT and Klein BP (1991) Sensory Science Theory and Applications in Foods. Marcel Dekker Inc.
- Moskowitz HR, Saguy IS and Straus T (2009). An Integrated approach to New Food Product Development. ed. New York, NY: CRC Press
- Paine FA, Paine HY (Eds.) (1992) A handbook of Food Packaging (2nd ed.), Blackie Academic and Professional.
- Sharma A (2018). Food product Development. CBS Publishers & Distributors Pvt Ltd

WEB RESOURCES:

- ❖ <https://www.destechpub.com/wp-content/uploads/2015/01/Methods-for-Developing-New-Food-Products-preview.pdf>
- ❖ <https://www.youtube.com/watch?v=iLOiIGpa4vg>
- ❖ <https://www.youtube.com/watch?v=5kOXUH8kaCs>

Nature of Course	EMPLOYABILITY		SKILL ORIENTED		ENTREPRENEURSHIP		✓
Curriculum Relevance	LOCAL	REGIONAL	✓	NATIONAL	GLOBAL		
Changes Made in the Course	Percentage of Change		75 %	No Changes Made		New Course	

***Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.**

COURSE OUTCOMES:		K LEVEL
After studying this course, the students will be able to:		
CO1	Define the basic concepts in food product development, packaging, costing advertising and marketing.	K1 to K4
CO2	Explain the need, characteristics and factors influencing the new product; test marketing, packaging and quality attributes	K1 to K4
CO3	Illustrate the quality attributes, food safety, packaging and labelling regulations, and marketing tools for a food product	K1 to K4
CO4	Analyse the significance of packaging, labelling, advertising, costing and quality concepts for the new food product	K1 to K4
CO5	Develop a new food product and evaluate its quality and acceptability	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	2	2	2	1	3	1	2	3
CO2	3	3	3	3	2	2	3	2	2	3
CO3	3	3	3	2	2	2	3	2	2	3
CO4	3	3	3	3	2	2	3	3	2	3
CO5	3	3	3	2	2	2	3	3	2	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	1	3	3
CO 2	3	3	3	3	3
CO 3	3	3	2	3	3
CO 4	3	3	3	3	3
CO 5	3	3	1	3	3
WEIGHTAGE	15	15	10	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	2	3	3

LESSON PLAN:

UNIT	Food Product Development	HRS	PEDAGOGY
I	Introduction to New Food Product development	12	PPT, Chalk & Talk
II	Product Development	12	PPT, Chalk & Talk
III	Product Evaluation and Quality Control	12	PPT, Chalk & Talk
IV	Packaging and labelling	12	PPT, Chalk & Talk
V	Marketing the product	12	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Foundations of Baking and Confectionery			
Course Code	23UFNEC53	L	P	C
Category	Elective	4	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ To Gain insight into the planning and operation of bakery unit.➤ To familiarize with the equipments and tools, hygienic practices relating to baking➤ To Understand the role of various ingredients used in the making of breads, cakes, cookies, pastries and various confectioneries➤ To acquire skills in baking and confectionery with an emphasis on special dietary need.➤ To develop skill around different bakery and confectionery				
UNIT - I	An Overview of Bakery Industry			12
Current status and growth of bakery industry in India. Baking – principles, process. Layout and organization of a bakery unit. Equipment and tools used in baking and confectionery. Bakery sanitation and personnel hygiene.				
UNIT - II	Ingredients in Bakery and Confectionery			12
Ingredients - Flour, Sugar, Shortenings, Egg, Leavening agents-yeast, baking soda, baking powder, chocolates, cocoa powder. Other ingredients- salt, milk and milk derivatives, malt products, dough improver, oxidizing agents, flavours and colors, nuts, spices and condiments, preserved and candied fruit peels.				
UNIT - III	Breads and Cakes			12
Bread - ingredients, types of breads, faults and its prevention Cakes – ingredients, types of cakes, cake judging, faults and remedies. Different types and techniques of cake decoration -icings and fillings				
UNIT - IV	Pastries, Cookies and Biscuits			12
Pastries- types of pastries- puff pastry, short crust, phyllo pastry, flaky pastry, choux pastry Cookies & biscuits – ingredients, types and processing.				
UNIT - V	Confectionery and Marketing of Baked Products			12
Chocolates- production, types, chocolate decorations Sugar based confectionery – fudge, fondant, sugar candies. Marketing and sales promotion- costing, packaging and labeling.				
Total Lecture Hours				60

BOOKS FOR STUDY:

- Dubey. S.C (2002) Basic Baking, 4th Edition. Published by the Society of Indian Bakers, New Delhi.
- Sarah R. Lebensky, Priscilla et al., (2004) Textbook of Baking and Pastry Fundamentals, — third edition, Pearson Education Ltd.
- The Culinary Institute of America, Baking & Pastry: Mastering the Art and Craft, John Wiley & Sons, Inc New Jersey. 2009

BOOKS FOR REFERENCES:

- John Kingslee (2006) A Professional Text book to Bakery and Confectionery. New Age International Pvt Limited Publisher, New Delhi.
- Uttam K Singh (2011). Theory of Bakery and Confectionery- An Operational Approach. Kanishka Publishers and Distributors, New Delhi.

WEB RESOURCES:

- ❖ <https://www.youtube.com/watch?v=dfvklBBO2g0>
- ❖ <https://www.lifestyleasia.com/ind/food-drink/dining/bookmarkthe-best-baking-youtube-channels-to-bake->
- ❖ www.bakels.in

Nature of Course	EMPLOYABILITY			SKILL ORIENTED			ENTREPRENEURSHIP			✓
Curriculum Relevance	LOCAL	✓	REGIONAL		NATIONAL		GLOBAL			
Changes Made in the Course	Percentage of Change		80 %	No Changes Made				New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

COURSE OUTCOMES:										K LEVEL
After studying this course, the students will be able to:										
CO1	Understand the principles and process of baking and confectionery									K1 to K4
CO2	Acquire knowledge on role of various ingredients used in baking and confectionery.									K1 to K4
CO3	Develop skills to design baked goods using alternative healthy ingredients to cater to special dietary needs									K1 to K4
CO4	Identify and control faults in baking									K1 to K4
CO5	Enhance entrepreneurial skills in bakery and confectionery to establish a bakery unit.									K1 to K4
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	3	2	3	2	2	2	2
CO2	3	3	3	3	2	2	3	2	3	2
CO3	3	3	3	3	3	3	3	2	3	2
CO4	3	3	3	2	2	2	1	1	1	1
CO5	3	3	3	3	3	2	3	3	3	3
S- STRONG				M – MEDIUM				L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	12	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Foundations of Baking and Confectionery	HRS	PEDAGOGY
I	An Overview of Bakery Industry	12	PPT, Chalk & Talk
II	Ingredients in Bakery and Confectionery	12	PPT, Chalk & Talk
III	Breads and Cakes	12	PPT, Chalk & Talk
IV	Pastries, Cookies and Biscuits	12	PPT, Chalk & Talk
V	Confectionery and Marketing of Baked Products	12	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Fundamentals of Research in Nutritional Sciences			
Course Code	23UFNEC54	L	P	C
Category	Elective	4	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ Understand basic concepts of research methodology.➤ Use simple statistical methods for analysis of data.➤ Develop skills to carry out a project and present a report				
UNIT - I	Introduction to research			12
Research- Meaning, objectives, significance. Research problem- Definition and selection of research problem.				
Research design –Types of research design Method of sampling - probability and non-probability sampling – Merits and demerits. Determining sample size				
UNIT - II	Data Collection			12
Primary and secondary data, selection of appropriate method for data collection.				
Tools used for data collection- Questionnaire and Interview schedule.				
UNIT - III	Coding and tabulation of data			12
Data entry and computation, Tabulation of data – parts of the table				
Presentation of data- use of bar graph and pie chart				
UNIT - IV	Basic statistical tools for analysis and interpretation			12
Measures of central tendency – Mean, Median, Mode.				
Variations-the range and standard deviation Correlation –Karl Pearson’s coefficient of correlation Test of significance Student’s t test				
UNIT - V	Report writing			12
Steps in report writing, Layout of a report. Bibliography-citing references-any one style				
Total Lecture Hours				60

BOOKS FOR STUDY:

- Gupta, S.P. (2019) Statistical methods. 46th ed. Sultan Chand and Co, New Delhi.
- Kothari, C.R. (2019). Research methodology methods and techniques, New Age International publishers, New Delhi.

BOOKS FOR REFERENCES:

- Goode, WJ and Hatt, PK (1981) Methods in Social Research, McGrawHill International Editions, Sociology Series.
- Gupta, S.P. (2019) Statistical methods. 46th ed. Sultan Chand and Co, New Delhi.
- Kerlinger F. N. and Lee, H.B. (2000) Foundations of Behavioural Research 4th Ed. Harcourt College Publishers.
- Kothari, C.R. (2019). Research methodology methods and techniques, New Age International publishers, New Delhi.
- Kumar, R. (2005) Research Methodology: A Step-by-Step Guide for Beginners. Sage Publications, New Delhi.

WEB RESOURCES:

- ❖ <http://www.socialresearchmethods.net/tutorial/mugo/tutorial.htm>
- ❖ https://ebooks.lpude.in/library_and_info_sciences/MLIS/year_1/DLIS401_METHODOLOGY_OF_RESEARCH_AND_STATISTICAL_TECHNIQUES.pdf
- ❖ <https://mfs.mkcl.org/images/ebook/Fundamental%20of%20Research%20Methodology%20and%20Statistics%20by%20Yogesh%20Kumar%20Singh.pdf>

Nature of Course	EMPLOYABILITY			✓	SKILL ORIENTED			ENTREPRENEURSHIP			
Curriculum Relevance	LOCAL	✓	REGIONAL			NATIONAL			GLOBAL		
Changes Made in the Course	Percentage of Change				No Changes Made				New Course		✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.											

COURSE OUTCOMES:**K LEVEL**

After studying this course, the students will be able to:

CO1	Define terms associated with conduct of research	K1 to K4
CO2	Explain research design, methods of research, collection, tabulation and presentation of data.	K1 to K4
CO3	Choose a sampling method and identify the appropriate statistical methods	K1 to K4
CO4	Analyze the data and draw conclusions.	K1 to K4
CO5	Evaluate data, draw inferences and prepare a report	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	2	3	2	2	2	3	2	2	2	3
CO2	3	3	3	3	2	3	1	3	2	3
CO3	3	3	3	3	2	2	3	3	2	3
CO4	3	3	3	3	2	2	1	2	2	3
CO5	3	3	3	3	3	3	3	2	2	3

S- STRONG		M – MEDIUM		L - LOW	
CO / PO MAPPING:					
COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3
LESSON PLAN:					
UNIT	Fundamentals of Research in Nutritional Sciences			HRS	PEDAGOGY
I	Introduction to research			12	PPT, Chalk & Talk
II	Data Collection			12	PPT, Chalk & Talk
III	Coding and tabulation of data			12	PPT, Chalk & Talk
IV	Basic statistical tools for analysis and interpretation			12	PPT, Chalk & Talk
V	Report writing			12	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)	
16. a)	Unit - I	CO1	K3			
OR						
16. b)	Unit - I	CO1	K3			
17. a)	Unit - II	CO2	K4			
OR						
17. b)	Unit - II	CO2	K4			
18. a)	Unit - III	CO3	K3			
OR						
18. b)	Unit - III	CO3	K3			
19. a)	Unit - IV	CO4	K4			
OR						
19. b)	Unit - IV	CO4	K4			
20. a)	Unit - V	CO5	K4			
OR						
20. b)	Unit - V	CO5	K4			



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Nutrition Education and Communication			
Course Code	23UFNEC55	L	P	C
Category	Elective	4	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ Gain knowledge about nutritional policies, programs and agencies involved in combating malnutrition.➤ Organize Nutrition education programs for the community.➤ Develop communication strategies to promote positive behaviours needed for healthy lifestyle.				
UNIT - I	Nutrition Education	12		
Nutrition Education				
Importance of Nutrition education, objectives, principles and scope of nutrition and health education and promotion.				
Concept and Scope of Public Nutrition - Definition, concept, scope and multidisciplinary nature of public nutrition. Principles of nutrition education				
UNIT - II	Nutritional problems affecting the community	12		
Nutritional problems affecting the community - Etiology, prevalence, clinical features and preventive strategies for malnutrition related problem and Nutrient deficiency control programmes - Protein energy malnutrition, Obesity, Nutritional anemia, Vitamin A deficiency, Iodine deficiency disorders, Fluorosis.				
UNIT - III	Assessment of Nutritional Status	12		
Assessment of Nutritional Status - Objectives and importance, Methods of assessment: Direct (Clinical signs, nutritional anthropometry, biochemical tests, biophysical tests); Indirect (Diet surveys, vital statistics) and Indirect assessment methods of nutritional status. Nutritional Anthropometry. Classified list of signs used in Nutritional Assessment.				
UNIT - IV	Nutrition Policy and Programs	12		
Nutrition Policy and Programs - National nutritional policy; Integrated child development scheme (ICDS), Midday Meal Program, National programs for the prevention of anemia, Vitamin A deficiency, Iodine deficiency disorders. Implementation of Nutrition Education Program. National organizations and agencies - FSSAI, ICMR, CFTRI, NSI, FNB, NIN. International organizations and agencies - FAO, WHO, UNICEF.				
UNIT - V	Community, Introduction to Communication, Communication Systems	12		
Community - Characteristics of rural and urban community, types of community, community nutrition, community health, Factors affecting community health.				
Introduction to Communication - Concept, Elements of Communication, Models of Communication. Expanding scope of Nutrition Practice.				
Communication Systems - Nature, characteristics, and types - Formal and Informal communication, Verbal and Non-verbal Communication, Approaches of Communication - One way-two way, Upward-downward, Horizontal - vertical and Interpersonal Communication - Concept, types and functions of interpersonal communication, Barriers of Communication.				
Total Lecture Hours				60

BOOKS FOR STUDY:

- Park K (2011). Park's Textbook of Preventive and Social Medicine, 21st Edition. M/s Banarasidas Bhanot Publishers, Jabalpur, India.
- Suryatapa Das (2016). Textbook of Community Nutrition. Academic Publishers, Kolkata.

BOOKS FOR REFERENCES:

- Jelliffe DB, Jelliffe ERP, Zervas A and Neumann CG (1989). Community nutritional assessment with special reference to less technically developed countries. Oxford University Press. Oxford.
- Park K (2011). Park's Textbook of Preventive and Social Medicine, 21st Edition. M/s Banarasidas Bhanot Publishers, Jabalpur, India.
- Suryatapa Das (2016). Textbook of Community Nutrition. Academic Publishers, Kolkata.
- Wadhwa A and Sharma S (2003). Nutrition in the Community- A textbook. Elite Publishing House Pvt. Ltd. New Delhi.
- WHO (2006). Child Growth Standards: Methods and development: height-for-age, weight-for-age, weight-for-length, weight-for-height, and body mass index for-age (<http://www.who.int/childgrowth/standards/en/>).

WEB RESOURCES:

- ❖ <https://books.google.co.in/books?id=o5CxDAQAQBAJ&printsec=frontcover#v=onepage&q&f=false>
- ❖ <https://nces.ed.gov/pubs/96852.pdf>
- ❖ <http://www.fao.org/docrep/017/i3235e/i3235e.pdf>
- ❖ <http://www.fns.usda.gov/sites/default/files/NutritionEdRTC.pdf>
- ❖ http://frac.org/wp-content/uploads/2010/10/providing_nutrition_education_afterschool.pdf

Nature of Course	EMPLOYABILITY		✓	SKILL ORIENTED		ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL	✓	GLOBAL	
Changes Made in the Course	Percentage of Change			No Changes Made			New Course	✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.								

COURSE OUTCOMES:		K LEVEL
After studying this course, the students will be able to:		
CO1	Identify nutritional problems affecting the community	K1 to K4
CO2	Describe objectives of public health policies and programs offered by various agencies	K1 to K4
CO3	Display good communication skills needed for the conduct of the Nutrition education programs.	K1 to K4
CO4	Develop skills pertaining to assessment of the nutritional status.	K1 to K4
CO5	Plan nutrition education programs relevant to specific target groups.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	1	3	3	1	3	3	3	3
CO2	3	3	3	3	2	1	3	3	3	3
CO3	3	3	3	2	1	3	3	3	3	3
CO4	3	3	3	1	1	3	3	3	3	3
CO5	3	3	3	3	1	2	3	3	3	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	2	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	14	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Nutrition Education and Communication	HRS	PEDAGOGY
I	Nutrition Education, Concept and Scope of Public Nutrition	12	PPT, Chalk & Talk
II	Nutritional problems affecting the community	12	PPT, Chalk & Talk
III	Assessment of Nutritional Status	12	PPT, Chalk & Talk
IV	Nutrition Policy and Programs	12	PPT, Chalk & Talk
V	Community, Introduction to Communication, Communication Systems	12	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Life Skill Strategies and Techniques			
Course Code	23UFNEC56	L	P	C
Category	Elective	4	-	3
COURSE OBJECTIVES:				
To enable the students to :				
➤ Develop skills for a healthy personal and professional approach to life.				
➤ Gain competency and confidence through mastery of skills needed for holist living				
UNIT - I	Communication Skills	12		
Developing Listening, Speaking and Reading Skills, An introduction to Scientific Writing, Letter Writing, Usage of Non-verbal Communication. Writing for Grants- a brief Proposal, Statement of Purpose (SoP). Effective use of social media in communicating messages				
UNIT - II	Professional Skills	12		
Resume Writing. Interview Skills. Group Discussions, Presentation Skills. Work-Life Balance- Strategies to achieve them, Time Management				
UNIT - III	Leadership/ Management Skills	12		
Leadership skills, Managerial skills, Team building, Entrepreneurial skills, Ethics and Integrity				
UNIT - IV	Basic Lifestyle-related Skills	12		
Healthy eating using simple cooking practices, Home makeover skills, Basics in Gardening, Stress Management- Yoga and Fitness practices benefits for a Holistic Life, An introduction to Martial Arts as a protective strategy.				
UNIT - V	Human Value Skills	12		
Strategies and techniques to promote Non-Violence, Service to the community, developing skills pertaining to administering First Aid				
Total Lecture Hours				60

BOOKS FOR STUDY:

- Ashokan, M. S. (2015). Karmayogi: A biography of E. Sreedharan. Penguin,UK.
- Hanson C.W. (2021). Resume Writing 2021: The ultimate guide to writing a resume that lands you the job. Independently Published, Kindle.
- Jane E., Burt S., and Nudelman G. (2018). Professional Communication: Deliver effective written, spoken and visual messages. 4th ed. Juta and Company Pvt. Ltd., Cape Town, South Africa.

BOOKS FOR REFERENCES:

- Kelly T., and Kelly D. (2014). Creative Confidence: Unleashing the Creative Potential Within Us All. William Collins
- Kumar S., and Lata P. (2015). Communication Skills. 2nd ed. Oxford University Press, India.
- Kurien V., and Salve G. (2012). I Too Had a Dream. Roli Books Private Limited

WEB RESOURCES:

- ❖ <https://www.youtube.com/watch?v=dfvkplBBO2g>
- ❖ <https://www.lifestyleasia.com/ind/food-drink/dining/bookmarkthe-best-baking-youtube-channels-to-bake-like-a-pro/>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		✓	GLOBAL		
Changes Made in the Course	Percentage of Change				No Changes Made			New Course		✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

COURSE OUTCOMES:									K LEVEL	
After studying this course, the students will be able to:										
CO1	Describe different skills and techniques needed to maintain a healthy personal and professional approach to life.								K1 to K4	
CO2	Identify skills needed for a healthy lifestyle								K1 to K4	
CO3	Explain the need to develop various skillsets for a holistic life.								K1 to K4	
CO4	Develop confidence with respect to emotional competency, personal and professional life.								K1 to K4	
CO5	Recommend life skill strategies for the holistic development of the individual.								K1 to K4	
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	3	3	3	3	3	3	3
CO2	3	3	3	3	3	3	3	3	3	3
CO3	3	3	3	3	3	3	3	3	3	3
CO4	3	3	3	3	3	3	3	3	3	3
CO5	3	3	3	3	3	3	3	3	3	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	12	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Life Skill Strategies and Techniques	HRS	PEDAGOGY
I	Communication Skills	12	PPT, Chalk & Talk
II	Professional Skills	12	PPT, Chalk & Talk
III	Leadership/ Management Skills	12	PPT, Chalk & Talk
IV	Basic Lifestyle-related Skills	12	PPT, Chalk & Talk
V	Human Value Skills	12	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Internship / Industrial Training			
Course Code	23UFNIN51	L	P	C
Category	Summer Internship	-	-	2

COURSE OBJECTIVES:

- Gain knowledge about food industries.
- Know various technologies involved in food industries.
- Understand different processing methods of food.
- Analyze different kinds of packaging materials of foods.
- Apply chemical, microbiological and nutritional analysis of food.

Course Content:

Each Group – 4 members, 1 or 2 can be added by the approval of HOD,

Area of learning – Raw material procurement, quality checking, processing & packaging

Methods

Record submission – A hard bound report to be submitted to the Department.

Evaluation – Internship (oral) presentation followed by a brief Viva

Course Description

The Project is conducted by the following Course Pattern.

Internal

Presentation

Submission } 25

External

Internship Report

Viva Voce } 75

Total 100

COURSE OUTCOMES:										K LEVEL
After studying this course, the students will be able to:										
CO1	Identify different analysis of food product development and storage.									K1 to K4
CO2	Explain the technologies learned throughout degree.									K1 to K4
CO3	Apply the knowledge of developing a product and evaluation.									K1 to K4
CO4	Analyze the shelf life and preservation of products.									K1 to K4
CO5	Discover new products and innovations.									K1 to K4
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	2	1	2	2	1	2				
CO2	2	2	2	3	1	1				
CO3	3	1	1	1	2	1				
CO4	2	2	2	2	2	1				
CO5	1	1	1	1	1	1				
S- STRONG				M – MEDIUM				L - LOW		

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL	✓	REGIONAL			NATIONAL			GLOBAL	
Changes Made in the Course	Percentage of Change		20 %	No Changes Made				New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

SIXTH SEMESTER



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Dietetics Theory			
Course Code	23UFNCC61	L	P	C
Category	Core	6	-	4

COURSE OBJECTIVES:

To enable the students to :

- Understand the causes and symptoms and dietary management of various disease conditions.
- Gain comprehensive knowledge on principles and planning of therapeutic diets.
- Acquire knowledge on nutritional needs of sick persons and develop aptitude and skills for taking up dietetics as a profession

UNIT - I Concept of diet therapy and role of dietitian 18

Concept of diet therapy and role of dietitian Principles of therapeutic diets, modification of normal diet, classification of therapeutic diets. Different feeding techniques -enteral and parenteral feeding. – Indications, contraindications and complications, Dietitian- Definition, role and code of ethics, classification of dietitians in nutritional care

UNIT - II Diseases of Gastrointestinal tract 18

Diseases of Gastrointestinal tract Etiology, symptoms, dietary management of: Diarrhoea, dysentery, and constipation Peptic ulcer, irritable bowel syndrome & inflammatory bowel disease (ulcerative colitis), Crohn's disease and celiac disease

UNIT - III Diseases of liver, gall bladder & febrile conditions 18

Diseases of liver, gall bladder & febrile conditions Etiology, symptoms, dietary management of: Disease of liver & Gall bladder- Hepatitis, cirrhosis, gall stones Febrile conditions - Acute & Chronic fevers (Typhoid, influenza, malaria, tuberculosis, COVID)

UNIT - IV Metabolic disorders 18

Metabolic disorders Etiology, symptoms, and dietary management of: Obesity and PCOS Diabetes mellitus- types, symptoms and metabolic changes, treatment with diet and insulin, GI, GL, carbohydrate counting, artificial sweeteners and complications Cardiovascular diseases – hypertension, atherosclerosis.

UNIT - V Diseases of excretory system and cancer 18

Diseases of excretory system and cancer Etiology, symptoms, dietary management of: Glomerular nephritis Nephrotic syndrome, urinary calculi, renal failure. Cancer – Risk factors, modification of diet in cancer, nutritional problems of cancer therapy Role of antioxidants in prevention of degenerative diseases.

Total Lecture Hours	90
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BOOKS FOR STUDY:

- Sharma.A.(2017), Principles of Therapeutic Nutrition and Dietetics, CBS Publishers & Distributors Pvt Ltd, New Delhi.
- Srilakshmi B, Dietetics (2019), 8th edition, New Age International Publishing Ltd, New Delhi
- Williams S.R, (2000) Basic Nutrition and Diet Therapy, Mosby publication.

BOOKS FOR REFERENCES:

- Antia F. P. (2002), Clinical Dietetics and Nutrition, 4th edition, Oxford University Press, Chennai.
- Guthrie H. A, Picciano M. F (1995) Human Nutrition, Mosby, St. Louis Missouri.
- Joshi. S.A. (2005), Nutrition and Dietetics, Tata McGraw-Hill Publishing Company Limited, New Delhi
- Passmore R. and Davidson S. (1986) Human nutrition and Dietetics. Liming stone publishers

WEB RESOURCES:

- ❖ https://www.cdss.ca.gov/agedblinddisabled/res/VPTC2/9%20Food%20Nutrition%20and%20Preparation/Types_of_Therapeutic_Diets.pdf
- ❖ <http://www.differencebetween.net/science/health/difference-between-enteraland-parenteral-nutrition/>
- ❖ https://www.medicinenet.com/difference_between_diarrhea_and_dysentery/article.html
- ❖ <https://my.clevelandclinic.org/health/diseases/15587-inflammatory-boweldisease-overview>

Nature of Course	EMPLOYABILITY		✓	SKILL ORIENTED			ENTREPRENEURSHIP				
Curriculum Relevance	LOCAL		REGIONAL			NATIONAL			GLOBAL	✓	
Changes Made in the Course	Percentage of Change				No Changes Made				New Course		✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.											

COURSE OUTCOMES:		K LEVEL
After studying this course, the students will be able to:		
CO1	Explain concepts of diet therapy and role of dietitian	K1 to K4
CO2	Identify the etiology symptoms and principles of dietary management for various diseases.	K1 to K4
CO3	Apply the principles of dietetics to plan therapeutic diets for various disease conditions.	K1 to K4
CO4	Examine the physiological condition of the individual and explain the role of food and diet in treating that condition.	K1 to K4
CO5	Summarize the causes, symptoms of a disease/ disorder and design a suitable diet plan using principles of nutritional management and recommend dietary allowances	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	2	1	1	2	2	2	1	3
CO2	3	2	3	2	1	3	2	3	2	3
CO3	3	3	3	2	1	3	2	3	1	3
CO4	3	3	3	3	2	3	3	3	3	3
CO5	3	3	3	2	2	3	3	2	3	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Dietetics Theory	HRS	PEDAGOGY
I	Concept of diet therapy and role of dietitian	18	PPT, Chalk & Talk
II	Diseases of Gastrointestinal tract	18	PPT, Chalk & Talk
III	Diseases of liver, gall bladder & febrile conditions	18	PPT, Chalk & Talk
IV	Metabolic disorders	18	PPT, Chalk & Talk
V	Diseases of excretory system and cancer	18	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Dietetics Practical			
Course Code	23UFNCP61	L	P	C
Category	Core	6	-	4

COURSE OBJECTIVES:

To enable the students to :

- Gain knowledge and develop skills and techniques in planning and preparation of therapeutic diets.
- Plan diets based on the medical history of the patients and nutritional assessments – anthropometric measurements
- Calculate the nutrient content of diets

Course Content

1. Planning, Calculation of nutrient content
2. Preparation and Service of diets for: Tube feeds for special conditions
3. Fevers – Typhoid and Tuberculosis
4. Peptic Ulcer
5. Diarrhoea and constipation
6. Viral hepatitis, Cirrhosis of liver
7. Obesity
8. Diabetes Mellitus, Atherosclerosis
9. Hypertension, Chronic kidney disease
10. Covid 19 and Cancer

BOOKS FOR STUDY:

- William Aspden (2011) Practical skills in food science, nutrition, and dietetics
- LongvahT. , Ananthan R. , Bhaskarachary K. and Venkaiah K. Indian Food Composition Table, National Institute of Nutrition, Tarnaka, 2017
- Joan Gandy (2014) Manual of Dietetic Practice

BOOKS FOR REFERENCES:

- Antia, F.B. (2010), Clinical Nutrition and Dietetics, Oxford University Press, London.
- IDA. (2018), Clinical Dietetic Manual, 2nd edition, Elite Publishing House, New Delhi
- Sri Lakshmi. B.,(2019) Dietetics, 8th Ed,New Age International Pub. Co, Chennai.
- Vimala V. (2010). Advances in Diet Therapy, 1st Ed., National Institute of Nutrition – Hyderabad.
- Bajaj .M (2019) Diet Metrics: Handbook of Food Exchanges, Norton Press, Chennai.

WEB RESOURCES:

- ❖ <https://nammakalvi.com/wp-content/uploads/2023/02/Namma-Kalvi-12th-Nutrition-and-Dietetics-Practical-Manual-EM-221379.pdf>
- ❖ <https://www.ignouhelp.in/ignou-mfn-05-study-material/>
- ❖ <https://www.ignouhelp.in/ignou-mscdfsm-study-material/>

Nature of Course	EMPLOYABILITY			SKILL ORIENTED		✓	ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		GLOBAL		✓
Changes Made in the Course	Percentage of Change			No Changes Made			New Course		✓

***Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.**

COURSE OUTCOMES:**K LEVEL**

After studying this course, the students will be able to:

CO1	List the principles of dietary management for various conditions.	K1 to K4
CO2	Calculate the nutrient content of the diet for various conditions and compare it. with the recommended allowances	K1 to K4
CO3	Apply the principles of dietary management in planning diets for various conditions.	K1 to K4
CO4	Justify choice of foods, preparation methods, content, and consistency for different disease conditions	K1 to K4
CO5	Plan and prepare diets for various disease conditions.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	1	1	1	2	1	1	3
CO2	3	3	3	3	3	3	2	2	2	3
CO3	3	3	3	3	3	3	3	3	1	3
CO4	3	3	3	3	2	3	3	3	3	3

C05	3	3	3	3	3	3	3	3	3	3
S- STRONG			M – MEDIUM					L - LOW		
CO / PO MAPPING:										
COS		PSO1	PSO2	PSO3		PSO4		PSO5		
CO 1		3	3	2		2		3		
CO 2		3	3	3		3		3		
CO 3		3	3	2		3		3		
CO 4		3	3	3		3		3		
CO 5		3	3	3		3		3		
WEIGHTAGE		15	15	13		14		15		
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS		3	3	3		3		3		
LESSON PLAN:										
UNIT	Dietetics Practical						HRS	PEDAGOGY		
I	Planning, Calculation of nutrient content						10	Lab		
II	Preparation and Service of diets for: Tube feeds for special conditions						10	Lab		
III	Fevers – Typhoid and Tuberculosis						8	Lab		
IV	Peptic Ulcer						10	Lab		
V	Diarrhoea and constipation						10	Lab		
VI	Viral hepatitis, Cirrhosis of liver						10	Lab		
VII	Obesity						7	Lab		
VIII	Diabetes Mellitus, Atherosclerosis						10	Lab		
IX	Hypertension, Chronic kidney disease						7	Lab		
X	Covid 19 and Cancer						8	Lab		

Learning Outcome Based Education & Assessment (LOBE) Formative Examination - Blue Print Articulation Mapping – K Levels with Course Outcomes (COs)							
INTERNAL	COs	K LEVEL	MAJOR	MINOR	SPOTTERS	RECORD	VIVA
CIA	CO1	K1					5
	CO2	K2				5	
	CO3	K3			5		
	CO4	K4		5			
	CO5	K4	5				
Question Pattern		No. of Questions to be asked	2 (A-Written B-Practical Demo)	2 (A-Written B-Practical Demo)	2	1	5
		No. of Questions to be answered	2	2	2	1	5
		Marks for each question	A-3 B-2	A-3 B-2	5	10	1
		Total Marks for each section	5	5	5	5	5

Distribution of Marks with K Level CIA									
	K Level	Major	Minor	Spotters	Record	Viva	Total Marks	% of Marks without choice	Consolidated %
CIA	K1					5	5	6.6	6.6
	K2				5		5	6.6	6.6
	K3			20			20	26.6	26.6
	K4		20				20	26.6	26.6
	K4	25					25	33.3	33.3
	Marks	25	20	20	5	5	75	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application-oriented- Solving Problems

K4- Examining, analyzing, presenting and making inferences with evidence

CO5 will be allotted for individual Assignments, which carry five marks as part of the CIA component.

Summative Examination – Blue Print Articulation Mapping – K Levels with Course Outcomes (COs)							
EXTERNAL	COs	K LEVEL	MAJOR	MINOR	SPOTTERS	RECORD	VIVA
CI AI	CO1	K1					5
	CO2	K2				5	
	CO3	K3			20		
	CO4	K4		20			
	CO5	K4	25				
Question Pattern		No. of Questions to be asked	2 (A-Written B-Practical Demo)	2 (A-Written B-Practical Demo)	2	1	5
		No. of Questions to be answered	2	2	2	1	5
		Marks for each question	A-20 B-5	A-15 B-5	5	10	1
		Total Marks for each section	25	20	20	5	5

Distribution of Marks with K Level CIA									
	K Level	Major	Minor	Spotters	Record	Viva	Total Marks	% of Marks without choice	Consolidated %
CIA	K1					5	5	6.6	6.6
	K2				5		5	6.6	6.6
	K3			20			20	26.6	26.6
	K4		20				20	26.6	26.6
	K4	25					25	33.3	33.3
	Marks	25	20	20	5	5	75	100	100



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Quantity Food Production and Service			
Course Code	23UFNCC62	L	P	C
Category	Core	6	-	4
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none"> ➤ Acquaint with the type and operation of food service establishments. ➤ Familiarise with the different types of menus and styles of service. ➤ Foster entrepreneurship skills 				
UNIT - I Food Service Industry				18
History of development of food service institution in India. Classification of food service establishments – Commercial -Transport catering, Hotels, Restaurants, Outdoor catering and Non-commercial / Welfare - Hospital, Institutional -School / College, Orphanage / Old age homes, prisons, Industrial catering. Food Service systems - conventional, ready-prepared, commissary, assembly-serve				
UNIT - II Quantity food production				18
Production forecasting, planning, production scheduling; Standardization of recipes definition, need, uses, methods of enlargement of recipes. Portion control, effective use of left-overs.				
UNIT - III Menu Planning				18
Menu – origin, definition and functions of menu, importance of planning menus, factors affecting menu planning, French classical menu. Types of menu - A la carte, Table d' hote, Du jour, static, cyclic, single use, construction and writing menu, menu display. Basic terminologies in food service relating to stocks, soups, sauces, salads and beverages - alcoholic and non-alcoholic.				
UNIT - IV Food and Beverage				18
Service Table Setting - Mise-en-scene, Mise-en-place, Basic rules for laying a table, Cover – definition, A la Carte cover and Table d' hote cover. Food service personnel: basic technical skills, inter-personal skills, attributes of food and beverage personnel. Duties of a waiter- before guests arrive, when guests arrive, during the meal and after guests leave, rules for waiting at table. Styles of Service - Table Service - Waiter – Silver / English, Family, American, French, Russian, Gueridon; Bar Counter, Assisted- Carvery, Buffet, Self-service-Cafeteria - Counter, Free-flow, Echelon, Supermarket, Single-point Service- Takeaway, Drive-thru, Fast food; Vending; Kiosks; Food court , In- situ Service- Tray, Trolley, Home delivery, Lounge, Room, Drive-in.				
UNIT - V Entrepreneurship in catering				18
Entrepreneurship–concept and significance Entrepreneur-definition, characteristics and classification. Food start up, Start -up process, steps, opportunities and challenges, problems faced by women entrepreneurs.				
Total Lecture Hours				90

BOOKS FOR STUDY:

- Sethi, Mohini, Malhan, Surjeet. (2015). Catering Management – An Integrated Approach, 3rd ed, New Age International Publishers, New Delhi.
- June Payne-Palacio, Monica Theis, Introduction to Foodservice (2009), 11th illustrated, Published by Pearson/Prentice Hall.
- Dhawan and Vijay. (2001). Food and Beverage Service, Frank Boss and Co, New Delhi.

BOOKS FOR REFERENCES:

- Suganthi, V and Premakumari, C. (2017). Food Service Management, Dipti Press (OPC) Pvt. Ltd, Chennai.
- Andrews and Sudhir. (2000). Introduction to Hospitality Industry, Tata-McGraw Hill Pub. Co., New Delhi.
- Foskett David. (2011). The Theory of Hospitality and Catering, Hodder Education, London.

WEB RESOURCES:

- ❖ <https://www.scribd.com/document/119449120/History-of-Food-Service-Industry>
- ❖ <https://sirvo.com/>
- ❖ <https://www.yaaka.cc/unit/types-of-catering-establishment/>
- ❖ <https://www.scribd.com/doc/24003230/Unit-1-Food-and-Beverage-Service-Management>
- ❖ <https://www.universalclass.com/.../types-of-service-and-table-settings-in-waiter>

Nature of Course	EMPLOYABILITY			SKILL ORIENTED			ENTREPRENEURSHIP			✓
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL	✓	GLOBAL			
Changes Made in the Course	Percentage of Change			No Changes Made			New Course			✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

COURSE OUTCOMES:		K LEVEL
After studying this course, the students will be able to:		
CO1	Identify and differentiate the types of food service sectors.	K1 to K4
CO2	Develop skills to formulate and standardize recipes from various cuisines	K1 to K4
CO3	Demonstrate skills in quantity food production.	K1 to K4
CO4	Distinguish various styles of service and identify the basic technical skills, and interpersonal skills required for food service	K1 to K4
CO5	Identify the entrepreneurial ventures in food production and service.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	2	2	3	2	2	3
CO2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	2	3	2	2	3
CO4	3	3	3	2	3	2	3	2	2	3
CO5	3	3	3	3	3	2	2	2	3	3
S- STRONG			M - MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Quantity Food Production and Service	HRS	PEDAGOGY
I	Food Service Industry	18	PPT, Chalk & Talk
II	Quantity food production	18	PPT, Chalk & Talk
III	Menu Planning	18	PPT, Chalk & Talk
IV	Food and Beverage	18	PPT, Chalk & Talk
V	Entrepreneurship in catering	18	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Functional Food for Chronic Disease			
Course Code	23UFNEC61	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
<ul style="list-style-type: none">➤ Gain a basic understanding of functional foods and their use in managing chronic diseases.➤ Understand the properties and functions of active compounds in functional foods.➤ Identify the potential sources of functional foods that could be beneficial in the management of specific chronic diseases.				
UNIT - I	Introduction	15		
Functional foods - Definition, History, types and classification of functional foods,Relation of functional foods (FF) to chronic diseases.				
Food sources				
Functional foods in different foods: cereal products (oats, wheat bran, rice bran, etc.), fruits and vegetables, milk and milk products, legumes, nuts, oil seeds and sea foods, herbs, spices and medicinal plants. Coffee, tea and other beverages as functional foods/drinks and their protective effects.				
UNIT - II	Antioxidants	15		
Concept of free radicals and antioxidants, antioxidant role as functional foods. Antioxidant and chronic diseases. Properties and functions of various functional food ingredients - Protein, complex carbohydrates (dietary fiber) as functional food ingredients; probiotic, prebiotics and symbiotic foods, and their functional role. Sources and role of isoprenoids, isoflavones, flavonoids, carotenoids, tocotrienols, chlorophyll, polyunsaturated fatty acids, lecithin, choline, terpenoids, Glucosamine, lycopene, proanthocyanins.				
UNIT - III	Functional foods and cardiovascular diseases (CVD)	15		
Epidemiology of cardiovascular diseases, Biomarkers of different cardiovascular diseases, effect of functional foods on biomarkers of CVD, Effect of functional foods like green tea, grapes, oats, soybean, sunflower seeds or pumpkinseeds on CVD				
UNIT - IV	Functional foods and cancer	15		
Functional Food Components in Cancer Disease, Effect of functional foods like cruciferous vegetables, green tea, garlic, walnuts, berries on cancer.				
Functional foods and renal diseases - Epidemiology of kidney disease, functional foods for kidney diseases, Effect of functional foods like garlic, buckwheat on kidney.				
UNIT - V	Functional foods and obesity	15		
Functional foods and obesity, biomarkers of obesity, bioactive compounds in functional foods to manage healthy weight. Effect of functional foods like dietary fibres, psyllium husk, apple on obesity.				
Functional foods and diabetes - Epidemiology of Diabetes, Functional Foods for Type 2 diabetes, effect of functional foods like turmeric, garlic, green tea, dietary fibre on diabetes.				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Maurya, Neelesh. (2023). Functional Foods, nutraceuticals, and Fortified Foods in Human Health and Disease Prevention. 10.22271/ed.book.2368.
- Mohan, S., Abdollahi, S., & Pathak, Y. (Eds.). (2023). Applications of Functional Foods and Nutraceuticals for Chronic Diseases: Volume I (1st ed.). CRC Press.
<https://doi.org/10.1201/9781003220053>
- Sharma, Manisha & C. S., Vidhya & Ojha, Komal & B S, Yashwanth & Singh, Barinderjit & Gupta, Soni & Pandey, Shivam. (2024). The Role of Functional Foods and Nutraceuticals in Disease Prevention and Health Promotion. European Journal of Nutrition & Food Safety. 16. 61-83. 10.9734/ejnfs/2024/v16i21388.

BOOKS FOR REFERENCES:

- Cho S. S. and Dreher, M.L. (2001): Handbook Dietary Fibre, Marcel Dekker Inc., New York.
- Gibson, G.R. and C.M. Willams (2000), "Functional Foods : Concept to Product". Woodhead.
- Giuseppe Mazza (1998), "Functional Foods: Biochemical and Processing Aspects", Volume 1; CRC Press
- Goldberg, I. Ed (1994): Functional Foods: Designer Foods, Pharma Foods, Nutraceuticals, Chapman & Hall, New York.
- Ikan, Raphael (2005), "Natural Products: A Laboratory Guide", 2nd Edition, Academic Press / Elsevier.
- Webb, P P (2006), "Dietary Supplements and Functional Foods". Blackwell.
- Wildman, Robert E.C (2006), "Handbook of Nutraceuticals and Functional Foods". CRC.

WEB RESOURCES:

- ❖ <https://youtu.be/uFf0zxQ3rBU>
- ❖ <http://epgp.inflibnet.ac.in/Home/Download>

Nature of Course	EMPLOYABILITY		✓	SKILL ORIENTED		ENTREPRENEURSHIP		
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		GLOBAL	✓
Changes Made in the Course	Percentage of Change		55	No Changes Made			New Course	

***Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.**

COURSE OUTCOMES:										K LEVEL
After studying this course, the students will be able to:										
CO1	Define functional foods and recall the components of functional foods and their health Benefits.									K1 to K4
CO2	List out different functional foods, properties, and their functions.									K1 to K4
CO3	Explain the impact of functional foods in the prevention and management of CVD and kidney diseases.									K1 to K4
CO4	Evaluate the role of functional foods in the prevention and management of cancer.									K1 to K4
CO5	Summarize the role of functional foods in the prevention and management of obesity and type 2 diabetes mellitus.									K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	2	2	1	2	2	3
CO2	3	3	3	2	2	2	1	2	2	3
CO3	3	3	3	2	2	2	1	2	2	3
CO4	3	3	3	2	2	2	1	2	2	3
CO5	3	3	3	2	2	2	1	2	2	3
S- STRONG			M – MEDIUM				L - LOW			

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Functional Food for Chronic Disease	HRS	PEDAGOGY
I	Introduction	15	PPT, Chalk & Talk
II	Antioxidants	15	PPT, Chalk & Talk
III	Functional foods and cardiovascular diseases (CVD)	15	PPT, Chalk & Talk

IV	Functional foods and cancer	15	PPT, Chalk & Talk
V	Functional foods and obesity	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)						
Formative Examination - Blue Print						
Articulation Mapping – K Levels with Course Outcomes (COs)						
Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
AI	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
AII	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II							
	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Food Preservation Theory			
Course Code	23UFNEC62	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ Gain knowledge on principles of food preservation of foods➤ Understand the techniques used in processing foods to preserve their shelf life➤ Apply skills learnt to develop preserved food product				
UNIT - I	Food Spoilage & Food preservation	15		
Food Spoilage - Definition, causes, microorganisms involved in spoilage of bread,fruits and vegetables, meat, fish, egg, milk, juices and pickles. Food preservation - Definition, principles and importance, classification – bactericidal and bacteriostatic methods.				
UNIT - II	Processing by high temperature	15		
Processing and preservation by high temperature: blanching, pasteurization, sterilization and UHT processing, canning, extraction cooking, dielectric heating, Dehydration.				
UNIT - III	Processing by low temperature	15		
Processing and preservation by low temperature – refrigeration, freezing, dehydro-freezing.				
UNIT - IV	Preservation by drying	15		
Processing and preservation by drying, concentration and evaporation: various methodssun – drying, tray or tunnel drying, spray drying, drum drying freeze drying, fluidized bed drying, advantages and disadvantages				
UNIT - V	Preservation by non - thermal treatments and food packaging	15		
Processing and preservation by non – thermal methods: salt, sugar, chemicals, smoking.Irradiation Food additives: Definition, types and functions, permissible limits and safety aspects. Food packaging- its types and uses				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Rahman M S (2020) Handbook of Food Preservation CRC Press, USA
- Srilakshmi B (2017) Food Science, New Age International Publications, New Delhi.
- Suganthi.V and Subaratinam.R (2021) Textbook on Food preservation, Dipti Press(OPC) Pvt. Ltd, Chennai

BOOKS FOR REFERENCES:

- Arthey, D and Ashurst, P.R (1996), Fruit processing, Blackie academic and professional. London.
- Fellows, P.J (2016): Food Processing Technology: Principles and Practice, second edition, CRC Wood head publishing Ltd, Cambridge.
- Gould. G.W (1995), New methods of food preservation. Blackie academic and professional. London.

WEB RESOURCES:

- ❖ <https://www.sciencedirect.com/topics/agricultural-and-biologicalsciences/food-spoilage>.
- ❖ <http://ecoursesonline.iasri.res.in/mod/page/view.php?id=111436>
- ❖ <http://ecoursesonline.iasri.res.in/mod/page/view.php?id=111435>
- ❖ <http://www.homepreservingbible.com/2247-an-introduction-to-the-drying-foodpreservation-method/>

Nature of Course	EMPLOYABILITY			SKILL ORIENTED			ENTREPRENEURSHIP			✓
Curriculum Relevance	LOCAL		REGIONAL	✓	NATIONAL				GLOBAL	
Changes Made in the Course	Percentage of Change		10 %	No Changes Made				New Course		
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.										

COURSE OUTCOMES:		K LEVEL
After studying this course, the students will be able to:		
CO1	Define and explain the principles of food preservation and relate the role of microorganisms in food spoilage	K1 to K4
CO2	Explain the causes of food spoilage, need and principles of food preservation	K1 to K4
CO3	Apply the various techniques of food preservation to preserve different foods so as to increase the shelf life of foods	K1 to K4
CO4	Compare the principles and techniques of various food preservation methods and explain the role of packaging in food processing	K1 to K4
CO5	Justify the use of various preservation techniques, and packaging materials describe the terms related to food preservation and classify foods based on the shelf life.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	2	3	2	2	2	1	2	2	3
CO2	3	3	3	2	2	2	2	2	2	3
CO3	3	3	2	3	2	2	2	2	2	3
CO4	3	3	3	2	2	2	2	2	2	3
CO5	3	3	2	2	2	2	3	2	2	3
S- STRONG			M – MEDIUM				L - LOW			

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Food Preservation Theory	HRS	PEDAGOGY
I	Food Spoilage & Food preservation	15	PPT, Chalk & Talk
II	Processing by high temperature	15	PPT, Chalk & Talk
III	Processing by low temperature	15	PPT, Chalk & Talk
IV	Preservation by drying	15	PPT, Chalk & Talk
V	Preservation by non - thermal treatments and food packaging	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Introduction to Fashion Designing			
Course Code	23UFNEC63	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
To enable the students to :				
➤ Understand the basic concepts of fashion design clothing psychology and wardrobe planning.				
➤ Acquire knowledge on design elements and colour psychology.				
UNIT - I	Introduction to fashion designing			15
Terms related to the fashion industry – fashion, style, fad, classic, and collection, chic, Custom made, mannequin, fashion show, trend, forecasting, high fashion, fashion cycle, haute couture, fashion director, fashion editor, line, knock-off, avant-garde, bridge, buying house, apparel, fashion merchandising, pret – a – porter				
UNIT - II	Design			15
a) Design- definition and types – structural and decorative design, requirements of a good structural and decorative design. Application of structural and decorative design in a dress, selection and application of trimmings and decorations. b) Elements of design – line, shape or form, colour, size and texture. c) Principles of design- balance – formal and informal, rhythm- through repetition, radiation and gradation, emphasis, harmony and proportion. Application of principles of design in a dress.				
UNIT - III	Colour			15
a) Colour- definition, colour theories- prang colour chart and Munsell colour system, b) Dimensions of colour- hue, value, and intensity. c) Colour harmonies- types and its application in dress design.				
UNIT - IV	Figure drawing and analysis			15
a) Basic human proportions, Anatomy and model drawing 8, 10, 12 head theory, Straight, flesh, motion posture. b) Figure analysis and designing dresses for stout figure, thin figure, slender figure, narrow shoulders, broad shoulders, round shoulders, large bust, flat chest, large hip, large abdomen, round face, large face, small face, prominent chin and jaw, prominent forehead				
UNIT - V	Wardrobe planning			15
c) Wardrobe planning for different age groups, factors influencing wardrobe selection, Fashion and season, d) Designing dresses based on different occasions – business meetings, parties/ dinners, evenings/leisure hours, wedding, functions, sports, uniforms for civil service, airhostess, hoteliers, schools – girls and boys				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Sumathi, G.J. (2002) Elements of Fashion and Apparel Design. New Age International Publishers, New Delhi.
- Gini Stephens Frings (1999) Fashion – From Concept to Consumer . 6th edition, Prentice Hall.

BOOKS FOR REFERENCES:

- Gerry Cooklin (2003) Pattern grading for women's clothes, the technology of sizing, Black well science Ltd, USA
- Kaur N (2010) Comdex Fashion Design: Fashion Concepts - Vol. 1, Dream tech Press, Delhi.

WEB RESOURCES:

- ❖ <https://purushu.com/2010/08/elements-of-design-in-fashion.html>
- ❖ <https://vanseodesign.com/web-design/color-meaning/>
- ❖ <http://bieap.gov.in/Pdf/FGMPaperI.pdf>
- ❖ <http://textilelearner.blogspot.com/2015/07/drafting-procedures-of-line-frock.html>
- ❖ <http://textilelearner.blogspot.com/2015/06/drafting-procedures-of-ladies-kurti.html>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED				ENTREPRENEURSHIP			✓
Curriculum Relevance	LOCAL	✓	REGIONAL			NATIONAL				GLOBAL		
Changes Made in the Course	Percentage of Change				No Changes Made				New Course			✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.												

COURSE OUTCOMES:									K LEVEL	
After studying this course, the students will be able to:										
CO1	Identify the right choice of colour, design used in apparel designing								K1 to K4	
CO2	Explain the concepts related to the design and colour in apparel designing								K1 to K4	
CO3	Demonstrate the methodology to be followed in effectively using the principles of design, elements of design and colour harmonies while designing a garment								K1 to K4	
CO4	Identify suitable designs according to the figure of the wearer and the occasion intended.								K1 to K4	
CO5	Develop skills to draw designs suitable according to the body type and plan wardrobe.								K1 to K4	
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	2	1	1	2	2	3
CO2	3	3	3	2	2	1	1	2	2	3
CO3	3	3	3	2	2	1	1	2	2	3
CO4	3	3	3	2	2	1	1	2	2	3
CO5	3	3	3	2	2	1	1	2	2	3
S- STRONG			M – MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Introduction to Fashion Designing	HRS	PEDAGOGY
I	Introduction to fashion designing	15	PPT, Chalk & Talk
II	Design	15	PPT, Chalk & Talk
III	Colour	15	PPT, Chalk & Talk
IV	Figure drawing and analysis	15	PPT, Chalk & Talk
V	Wardrobe planning	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Food Service Management			
Course Code	23UFNEC64	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none"> ➤ Gain basic understanding of organizing and managing a food service institution. ➤ Impart knowledge regarding purchase and storage of food to ensure quality service. ➤ Familiarize with the layout of food service outlet and food service equipment. 				
UNIT - I Organization Management				15
Types of Organization, Management - definition, principles, functions and tools of management-Tangible tools-organization chart, job description, job specification, job analysis, work schedule, Intangible tools-budget, leadership styles, decision making, and communication skills.				
UNIT - II Personnel Management				15
Definition, functions of personnel department, Recruitment sources, Selection- steps, Induction - definition, methods, uses, Training- advantages, methods, supervision, performance appraisal, promotion, demotion, transfer, retirement, termination and dismissal of employees. Labor laws pertaining to the food service establishment.				
UNIT - III Food Management				15
Food purchase – purchasing process, functions of food buyer, methods of buying open market, formal, negotiated, wholesale, blanket order, contract. Storage in Food service – types of stores, storeroom management, purchase, stores records- Physical and perpetual inventory order form, requisition slip, invoice, goods received book, stock book, bin card, stores ledger				
UNIT - IV Plant and equipment management				15
Layout of a food service, planning of storage, production and service areas, concepts of workflow and work simplification technique. Environmental hygiene-pest control-types of pests and pest control methods; garbage disposal method. Safety in food service institution - Accidents - causes and prevention. Equipment in food service - Classification of equipment, factors affecting selection of equipment.				
UNIT - V Financial Management				15
Financial Management Book- keeping – definition, advantages of double entry system, books of accounts– an introduction. Costing and Cost control: Basic cost concepts – elements of cost (material, labour, overheads), behavior of cost (fixed, variable, semi-fixed / semi-variable), methods of costing (Dish, meal, menu costing & costing for events), cost control, concept of break-even, break-even point. Pricing - factors affecting pricing, pricing methods (cost plus, factor, rate of return, subsidy, discount).				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Sethi, Mohini, Malhan, Surjeet. (2015). Catering Management – An Integrated Approach, 3 rd ed, New Age International Publishers, New Delhi. 67
- Suganthi, V and Premakumari, C. (2017). Food Service Management, Dipti Press (OPC) Pvt. Ltd, Chennai.
- Verghese and Brian. (2000). Professional Food and Beverage Service Management, Macmillan India Ltd., India.

BOOKS FOR REFERENCES:

- Andrews and Sudhir. (2000). Introduction to Hospitality Industry, Tata-McGraw Hill Pub. Co., New Delhi.
- Dhawan and Vijay. (2001). Food and Beverage Service, Frank Boss and Co, New Delhi.
- Foskett David. (2011). The Theory of Hospitality and Catering, Hodder Education, London.
- Lillicarp, D.R. and Cousins, J. (2010). Food and beverage Service, 8 th edition, Hodder Education, London.
- Sethi, Mohini, Malhan, Surjeet. (2015). Catering Management – An Integrated Approach, 3 rd ed, New Age International Publishers, New Delhi. 67
- Suganthi, V and Premakumari, C. (2017). Food Service Management, Dipti Press (OPC) Pvt. Ltd Chennai.
- Verghese and Brian. (2000). Professional Food and Beverage Service Management, Macmillan India Ltd., India.

WEB RESOURCES:

- ❖ <http://open.lib.umn.edu/principlesmanagement/chapter/1-5-planningorganizing-leading-and-controlling>
- ❖ https://www.managementstudyguide.com/management_functions.htm
- ❖ <http://www.bngkolkata.com/web/food-and-beverage-service-equipment/>
- ❖ <http://www.fcijammu.org/food/food/orders/F&B%20Service-Unit-2.pdf>
- ❖ <https://www.scribd.com/doc/29362905/Equipments-in-Food-amp-Beverage>

Nature of Course	EMPLOYABILITY		SKILL ORIENTED		✓	ENTREPRENEURSHIP	
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL	✓	GLOBAL
Changes Made in the Course	Percentage of Change		No Changes Made			New Course	
						✓	

***Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.**

COURSE OUTCOMES:**K LEVEL**

After studying this course, the students will be able to:

CO1	Apply the principles, tools of management to ensure for effective functioning of organization.	K1 to K4
CO2	Develop the managerial skills to select, train, appraise human resources.	K1 to K4
CO3	Recognize the use and operation of equipment and acquire skills in the selection of equipment, sketch sample lay out of the food service units.	K1 to K4
CO4	Evaluate and implement food safety and environmental sanitation in the workspace	K1 to K4
CO5	Use the basic concept of bookkeeping and elements of cost to assess the financial viability of the organization.	K1 to K4

MAPPING WITH PROGRAM OUTCOMES:

CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	3	2	2	2	2	3
CO2	3	3	3	3	3	2	3	3	3	3
CO3	3	3	3	3	3	2	3	3	3	3
CO4	3	3	3	3	3	2	3	2	2	3
CO5	3	3	3	3	3	2	2	2	2	3
S- STRONG			M - MEDIUM					L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Food Service Management	HRS	PEDAGOGY
I	Organization Management	15	PPT, Chalk & Talk
II	Personnel Management	15	PPT, Chalk & Talk
III	Food Management	15	PPT, Chalk & Talk
IV	Plant and equipment management	15	PPT, Chalk & Talk
V	Financial Management	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Concepts In Apparel Designing			
Course Code	23UFNEC65	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
To enable the students to :				
➤ Understand the essential tools used for apparel designing				
➤ Acquire knowledge on the basic construction techniques				
UNIT - I	Introduction and basic hand stitches			15
a) Parts, functions, attachments and use and care of a Sewing machine. Minor troubles and solutions encountered while sewing. b) Tools used for clothing construction– cutting tools, measuring tools, marking tools, general tools, pressing tools. c) Basic hand stitches- temporary and permanent stitches. d) Hems – types, different stitches used				
UNIT - II	Basic construction techniques- seams and fullness			15
a) Seams and seam finishes – types, working of seams and seam finishes. b) Fullness- definition, types- darts, tucks, pleats, flares and godets, gathers and shirrs, frills or ruffles, flounces				
UNIT - III	Basic construction techniques- Plackets and Fasteners			15
a) Plackets – definition, characteristics of a good placket, types – inconspicuous placket and conspicuous plackets. Method of constructing the same. b) Fasteners – conspicuous (Button and button-holes, button loops, button with holes, shank buttons, eyelets and cords). Inconspicuous (press buttons, hooks and eyes, zips)				
UNIT - IV	Basic construction techniques-sleeves and neckline			15
a) Sleeves – definition, types, set-in-sleeves – plain sleeve, puff sleeve, bishop sleeve, bell, circular, cap sleeve and magyar sleeve. b) Sleeve and bodice combined – raglan, kimono and dolman. c) Modified armhole – squared armhole. d) Collars – definitions, types of collars- peter pan, scalloped, puritan, sailor, square, rippled, full shirt collar, open collar, chinese, turtleneck, shawl collar e) Yokes – types,simple yoke, yoke with fullness within the yoke, yoke supporting/ releasing fullness				
UNIT - V	Basic construction techniques - Pockets, Facing and Binding			15
Pockets – definition, types of pockets – patch pocket, bound pocket, pocket in a seam, front hip pocket. b) Facings – bias facing, shaped facing and decorative facing and Binding – single bias binding, double bias binding.				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Dorothy Wood (2007) The Practical Encyclopedia Of Sewing. ai nIblioOticPI uPdIO
- Claire B. Shaeffer (2011) Couture Sewing Techniques. Taunton Press Inc, USA

BOOKS FOR REFERENCES:

- Matthews J (2018) Pattern Design: Fundamentals: Construction and Pattern Making for Fashion Design. Fairbanks Publishing,USA
- Adele M (2019) The Dressmaking Book: A Simplified Guide for Beginners. Echo Point Books and Media, USA

WEB RESOURCES:

- ❖ <http://www.sewingsupport.com/seam-finishes.html>
- ❖ <http://vintagesewing.info/1930s/33-pt/pt-02.html>
- ❖ <http://www.stitchplaystudio.com/AnnouncementRetrieve.aspx?ID=521146>
- ❖ <http://aces.nmsu.edu/pubs/c/C-233.html>

Nature of Course	EMPLOYABILITY				SKILL ORIENTED		✓	ENTREPRENEURSHIP				
Curriculum Relevance	LOCAL		REGIONAL		✓	NATIONAL			GLOBAL			
Changes Made in the Course	Percentage of Change				No Changes Made				New Course			✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.												

COURSE OUTCOMES:									K LEVEL		
After studying this course, the students will be able to:											
CO1	Identify the right choice of sewing tools, sewing machine, hand stitches, sleeves, pockets, collars, plackets and fullness									K1 to K4	
CO2	Describe the concepts related to the basic construction techniques for garment construction									K1 to K4	
CO3	Demonstrate the steps to be followed in designing an apparel considering the overall appearance of the garment									K1 to K4	
CO4	Explain the functions and the role of sewing machine, basic hand stitches, fullness, plackets, pockets, sleeves, yoke and collars used in apparel construction									K1 to K4	
CO5	Construct garments in various styles from the knowledge gained									K1 to K4	
MAPPING WITH PROGRAM OUTCOMES:											
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	
CO1	3	3	3	2	2	1	1	2	2	3	
CO2	3	3	3	2	2	1	1	2	2	3	
CO3	3	3	3	2	2	1	1	2	2	3	
CO4	3	3	3	2	2	1	1	2	2	3	
CO5	3	3	3	2	2	1	1	2	2	3	
S- STRONG			M – MEDIUM					L - LOW			

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3

LESSON PLAN:

UNIT	Concepts in Apparel Designing	HRS	PEDAGOGY
I	Introduction and basic hand stitches	15	PPT, Chalk & Talk
II	Basic construction techniques- seams and fullness	15	PPT, Chalk & Talk
III	Basic construction techniques- Plackets and Fasteners	15	PPT, Chalk & Talk
IV	Basic construction techniques-sleeves and neckline	15	PPT, Chalk & Talk
V	Basic construction techniques - Pockets, Facing and Binding	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Pre - School and Crèche Management			
Course Code	23UFNEC66	L	P	C
Category	Elective	5	-	3
COURSE OBJECTIVES:				
To enable the students to :				
<ul style="list-style-type: none">➤ To familiarize the students with the significance of managing the crèche and preschool➤ Understand the elements involved in organization and management of creche and Preschool.➤ Create awareness of functions of various authorities dealing with crèche and preschool.				
UNIT - I	Concept and organization of Creche and Preschool			15
Crèche and preschool -Meaning, types of preschools, need, importance of organization, Elements of organization and administration. Difference between crèche and preschool, Preschool Programme - Principles of preschool programme, Framing of preschool curriculum – types of curriculum, planning activities for children, audio-visual aids for children and its importance, Activities for children: Audio-visual aid for children and its importance.				
UNIT - II	Resource Management			15
Location, site and building, Types of rooms, Storage facilities, arrangement of room (activity centers), ventilation, lighting and safety, Provision of safe drinking water and sanitary facilities, Playground and safety aspects – indoor and outdoor games, Play equipment – types, criteria for selection, Maintenance of building-store, furniture, equipment Suggestive Low-Cost Educational Material - Teaching Aids				
UNIT - III	Records and registers			15
Need, importance and maintenance of records and registers. Types of records (Important records) – Admission, Progress, Financial, Equipment, Correspondence, Health - sickness of child and immunization. Types of register - Attendance (Staff, children), Accounts, Stock, Staff Profile, services for children and daily diary. Methods of maintaining record of children – Cumulative and Anecdotal.				
UNIT - IV	Planning of Preschool Education Activities			15
Skills & qualities of preschool children Introductory Games/activities for Rapport Building with Children Physical & Motor Development Gross Motor & Fine Motor Skills Essentials of Optimum Physical Development Activities /Games for Gross and Fine Motor Skills Cognitive Development Essentials for Cognitive Development Development of Basic Skills - Activities for Sensory Development, Mental Skills and Concept Development Language Development – Essentials for Language Development Games/Exercises for Language Development Activities for Language Development - Listening Skills, Reading Skills and Writing Skills Development of Science Experience & Creative Expression Areas of Creative Expression Science Experience Activities Social & Emotional Development Essentials for Social & Emotional Development Activities and games for Social-Emotional Development Games for Socio-Emotional Development				
UNIT - V	Personnel Management			15
Role and qualities of teacher and care - taker and other staff involved in welfare and care of children, Teacher-child ratio, Need for and importance of in-service training				
Total Lecture Hours				75

BOOKS FOR STUDY:

- Ax line, V.M. (1964). Dibs in search of self. New York: Ballentine books 754
- Clarke, P. (2001). Teaching & learning: the culture of pedagogy. New York: Sage
- Thomson, C.L., Holmberg, M.C., Baer, D.M., Hodges, W. L., and Moore, S.G. (1978). An Experimental Analysis of Some Procedures to Teach Priming and Reinforcement Skills to Preschool Teachers. Monographs of the Society for Research in Child Development. 43 (4), pp 1-86.

BOOKS FOR REFERENCES:

- Jaya, N., & Jayapoorani. N. (2004). Participation in a nursery school – Laboratory manual for students. Coimbatore: Saradalaya.
- Tileston, D.W. (2005). Training Manual for Every Teacher, Chennai: Sage.
- TN Forces and IAPPE, (2000). Pre- school Curriculum, Activity based developmentally appropriate curriculum for preschoolers. Chennai

WEB RESOURCES:

- ❖ https://ddceutkal.ac.in/Syllabus/MA_Education/Paper_19.pdf
- ❖ https://wcd.nic.in/sites/default/files/national_ecce_curr_framework_final_03022014%20%282%29.pdf
- ❖ <https://scert.kerala.gov.in/wp-content/uploads/2020/06/07-creche%20and%20preschool.pdf>

Nature of Course	EMPLOYABILITY			SKILL ORIENTED			ENTREPRENEURSHIP			✓	
Curriculum Relevance	LOCAL		REGIONAL		NATIONAL		✓	GLOBAL			
Changes Made in the Course	Percentage of Change				No Changes Made				New Course		✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.											

COURSE OUTCOMES:										K LEVEL
After studying this course, the students will be able to:										
CO1	Describe key Concept and organization of Creche and Preschool									K1 to K4
CO2	Explain Resource Management for creche and pre schools									K1 to K4
CO3	Understand the criteria for Records and registers maintenance									K1 to K4
CO4	Identify importance and Planning of Preschool Education Activities									K1 to K4
CO5	Introduction to Personnel Management required for creche and pre schools									K1 to K4
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3	3	2	3	2	3	3	2	3
CO2	3	3	3	2	3	2	3	3	2	3
CO3	3	3	3	2	3	2	3	3	2	3
CO4	3	3	3	2	3	2	3	3	3	3
CO5	3	3	3	2	3	2	3	3	3	3

S- STRONG		M – MEDIUM		L - LOW	
CO / PO MAPPING:					
COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	3	3	3	3	3
CO 2	3	3	3	3	3
CO 3	3	3	3	3	3
CO 4	3	3	3	3	3
CO 5	3	3	3	3	3
WEIGHTAGE	15	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	3	3	3	3	3
LESSON PLAN:					
UNIT	Pre-School and Crèche Management			HRS	PEDAGOGY
I	Concept and organization of Crèche and Preschool			15	PPT, Chalk & Talk
II	Resource Management			15	PPT, Chalk & Talk
III	Records and registers			15	PPT, Chalk & Talk
IV	Planning of Preschool Education Activities			15	PPT, Chalk & Talk
V	Personnel Management			15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE)
Formative Examination - Blue Print
Articulation Mapping – K Levels with Course Outcomes (COs)

Internal	Cos	K Level	Section A		Section B Either or Choice	Section C Either or Choice
			MCQs			
			No. of. Questions	K - Level		
CI AI	CO1	K1 – K4	2	K1,K2	2 (K2,K2)	2(K3,K3)
	CO2	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
CI AII	CO3	K1 – K4	2	K1,K2	2(K2,K2)	2(K3,K3)
	CO4	K1 – K4	2	K1,K2	2(K3,K3)	2(K4,K4)
Question Pattern CIA I & II		No. of Questions to be asked	4		4	4
		No. of Questions to be answered	4		2	2
		Marks for each question	1		5	8
		Total Marks for each section	4		10	16

Distribution of Marks with K Level CIA I & CIA II

	K Level	Section A (Multiple Choice Questions)	Section B (Either / Or Choice)	Section C (Either / Or Choice)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100
CIA II	K1	2			2	3.57	25
	K2	2	10		12	21.42	
	K3		10	16	26	46.42	46
	K4			16	16	28.57	29
	Marks	4	20	32	56	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)						
S. No	COs	K - Level	Section A (MCQs)		Section B (Either / or Choice) With K - LEVEL	Section C (Either / or Choice) With K - LEVEL
			No. of Questions	K – Level		
1	CO1	K1	2	K1,K2	2(K2,K2)	2(K3,K3)
2	CO2	K2	2	K1,K2	2(K3,K3)	2(K4,K4)
3	CO3	K3	2	K1,K2	2(K2,K2)	2(K3,K3)
4	CO4	K4	2	K1,K2	2(K3,K3)	2(K4,K4)
5	CO5	K5	2	K1,K2	2(K3,K3)	2(K4,K4)
No. of Questions to be Asked			1		10	10
No. of Questions to be answered			10		5	5
Marks for each question			10		5	8
Total Marks for each section			10		25	40
(Figures in parenthesis denotes, questions should be asked with the given K level)						

Distribution of Marks with K Level						
K Level	Section A (Multiple Choice Questions)	Section B (Either or Choice)	Section C (Either/ or Choice)	Total Marks	% of (Marks without choice)	Consolidated %
K1	5			5	3.57	22
K2	5	20		25	17.85	
K3		30	32	62	44.28	44
K4			48	48	34.28	34
Marks	10	50	80	140	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.						

Summative Examinations - Question Paper – Format

Q. No.	Unit	CO	K-level		
Answer ALL the questions				PART – A	
				(10 x 1 = 10 Marks)	
1.	Unit - I	CO1	K1		
				a)	b)
				c)	d)
2.	Unit - I	CO1	K2		
				a)	b)
				c)	d)
3.	Unit - II	CO2	K1		
				a)	b)
				c)	d)
4.	Unit - II	CO2	K2		
				a)	b)
				c)	d)
5.	Unit - III	CO3	K1		
				a)	b)
				c)	d)
6.	Unit - III	CO3	K2		
				a)	b)
				c)	d)
7.	Unit - IV	CO4	K1		
				a)	b)
				c)	d)
8.	Unit - IV	CO4	K2		
				a)	b)
				c)	d)
9.	Unit - V	CO5	K1		
				a)	b)
				c)	d)
10.	Unit - V	CO5	K2		
				a)	b)
				c)	d)

Answer ALL the questions				PART – B	(5 x 5 = 25 Marks)
11. a)	Unit - I	CO1	K2		
OR					
11. b)	Unit - I	CO1	K2		
12. a)	Unit - II	CO2	K3		
OR					
12. b)	Unit - II	CO2	K3		
13. a)	Unit - III	CO3	K2		
OR					
13. b)	Unit - III	CO3	K2		
14. a)	Unit - IV	CO4	K3		
OR					
14. b)	Unit - IV	CO4	K3		
15. a)	Unit - V	CO5	K3		
OR					
15. b)	Unit - V	CO5	K3		

Answer ALL the questions			PART – C		(5 x 8 = 40 Marks)
16. a)	Unit - I	CO1	K3		
OR					
16. b)	Unit - I	CO1	K3		
17. a)	Unit - II	CO2	K4		
OR					
17. b)	Unit - II	CO2	K4		
18. a)	Unit - III	CO3	K3		
OR					
18. b)	Unit - III	CO3	K3		
19. a)	Unit - IV	CO4	K4		
OR					
19. b)	Unit - IV	CO4	K4		
20. a)	Unit - V	CO5	K4		
OR					
20. b)	Unit - V	CO5	K4		



MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)

DEPARTMENT OF FOOD SCIENCE & NUTRITION

FOR THOSE WHO JOINED IN 2023-2024 AND AFTER

Course Name	Professional Competency Skill Enhancement Course (Aptitude and Reasoning)			
Course Code	23UFNSC61	L	P	C
Category	Skill	2	-	2

COURSE OBJECTIVES:

To enable the students to :

- To acquaint the students in quantitative aptitude and logical reasoning required for various competitive examinations.
- Gain knowledge and recognize the importance of aptitude and reasoning skill to excel in campus interviews.

UNIT - I Quantitative Ability (Basic Mathematics) 5

Number Systems, LCM and HCF, Simplification, Square Roots and Cube Roots, Average, Problems on Ages, Percentages, Problems on Numbers.

UNIT - II Quantitative Ability (Advanced Mathematics) 5

Probability, Profit and Loss, Simple and Compound Interest, Time, Speed and Distance, Time & Work, Ratio and Proportion.

UNIT - III Data Interpretation 5

Tables, Column Graphs, Bar Graphs, Line Charts, Pie Chart, Venn Diagrams

UNIT - IV Verbal and Non-Verbal reasoning 5

Analogy, Blood Relation, Directional Sense, Number and Letter Series, Coding – Decoding, Calendars, Clocks, Venn Diagrams, Mathematical Operations, logical sequence of work, Mirror-image, Water-image, Completion of incomplete pattern, Grouping of identical figures

UNIT - V Logical Reasoning

Statement – Argument, Statement Assumptions, Statement – Course of action, Statement and Conclusions, Cause and Effect reasoning, Deriving conclusion from passages, Theme detection.

Total Lecture Hours	30
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BOOKS FOR STUDY:

- Aggarwal, R. S. (2000). A Modern Approach to Verbal & Non Verbal Reasoning. S. Chand.
- Sijwali, B. S and Indu Sijwali (2014). Analytical and Logical reasoning, Arihant Publications.

BOOKS FOR REFERENCES:

- Guha A, (2020) Quantitative Aptitude by Competitive Examinations, 7th Edition, McGraw Hill Education Publication.
- Rajgotra, A. & Pradhan P (2020). Wileys Exam Xpert A simpler Approach to Logical Reasoning, Willey Publications

WEB RESOURCES:

- ❖ <https://prepinsta.com/>
- ❖ <https://www.indiabix.com/>
- ❖ <https://www.javatpoint.com>

Nature of Course	EMPLOYABILITY			✓	SKILL ORIENTED				ENTREPRENEURSHIP					
Curriculum Relevance	LOCAL		REGIONAL				NATIONAL			✓	GLOBAL			
Changes Made in the Course	Percentage of Change					No Changes Made					New Course			✓
*Treat 20% as each unit (20*5=100%) and calculate the percentage of change for the course.														

COURSE OUTCOMES:										K LEVEL
After studying this course, the students will be able to:										
CO1	Understand the basic concepts of quantitative aptitude.									K1 to K4
CO2	Gain in depth knowledge on various concepts of logical reasoning skills.									K1 to K4
CO3	Excel and able to solve aptitude and reasoning papers in campus interview.									K1 to K4
CO4	Acquire satisfactory competency in use of reasoning.									K1 to K4
CO5	Compete efficiently in national and international level competitive exams									K1 to K4
MAPPING WITH PROGRAM OUTCOMES:										
CO/PO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	2	3	3	3	2	3	1	2	3	3
CO2	2	3	3	3	2	3	1	2	3	3
CO3	2	3	3	3	2	3	1	2	3	3
CO4	2	3	3	3	2	3	1	2	3	3
CO5	2	3	3	3	2	3	1	2	3	3
S- STRONG				M – MEDIUM				L - LOW		

CO / PO MAPPING:

COS	PSO1	PSO2	PSO3	PSO4	PSO5
CO 1	2	3	3	3	3
CO 2	2	3	3	3	3
CO 3	2	3	3	3	3
CO 4	2	3	3	3	3
CO 5	2	3	3	3	3
WEIGHTAGE	10	15	15	15	15
WEIGHTED PERCENTAGE OF COURSE CONTRIBUTION TO POS	2	3	3	3	3

LESSON PLAN:

UNIT	Professional Competency Skill Enhancement Course (Aptitude and Reasoning)	HRS	PEDAGOGY
I	Quantitative Ability (Basic Mathematics)	15	PPT, Chalk & Talk
II	Quantitative Ability (Advanced Mathematics)	15	PPT, Chalk & Talk
III	Data Interpretation	15	PPT, Chalk & Talk
IV	Verbal and Non-Verbal reasoning	15	PPT, Chalk & Talk
V	Logical Reasoning	15	PPT, Chalk & Talk

Learning Outcome Based Education & Assessment (LOBE) Formative Examination - Blue Print Articulation Mapping – K Levels with Course Outcomes (COs)				
Internal	Cos	K Level	Section A	
			MCQs	
			No. of. Questions	K - Level
CI AI	CO1	K1 – K2	25	K1,K2
	CO2	K1 – K2	25	K1,K2
CI AII	CO3	K1 – K2	25	K1,K2
	CO4	K1 – K2	25	K1,K2
Question Pattern CIA I & II		No. of Questions to be asked	50	
		No. of Questions to be answered	50	
		Marks for each question	1	
		Total Marks for each section	50	

* Two Formative examinations will be conducted as a part of Continuous Internal Assessment under which, 50 MCQ's will be asked [50X1=50 marks] from any 4 CO's. (Ist Test-2 CO's & IInd Test-2 CO's) in equal weightage

Distribution of Marks with K Level CIA I & CIA II					
	K Level	Section A (Multiple Choice Questions)	Total Marks	% of (Marks without choice)	Consolidate of %
CIA I	K1	30	30	60	100
	K2	20	20	40	
	K3				
	K4				
	Marks	50	50	100	100
CIA II	K1	30	30	60	100
	K2	20	20	40	
	K3				
	K4				
	Marks	50	50	100	100

K1- Remembering and recalling facts with specific answers

K2- Basic understanding of facts and stating main ideas with general answers

K3- Application oriented- Solving Problems

K4- Examining, analyzing, presentation and make inferences with evidences

CO5 will be allotted for individual Assignment which carries five marks as part of CIA component.

Summative Examination – Blue Print Articulation Mapping – K Level with Course Outcomes (COs)				
S. No	COs	K - Level	Section A (MCQs)	
			No. of Questions	K – Level
1	CO1	K1-K2	15	K1,K2
2	CO2	K1-K2	15	K1,K2
3	CO3	K1-K2	15	K1,K2
4	CO4	K1-K2	15	K1,K2
5	CO5	K1-K2	15	K1,K2
No. of Questions to be Asked			75	
No. of Questions to be answered			75	
Marks for each question			1	
Total Marks for each section			75	
(Figures in parenthesis denotes, questions should be asked with the given K level)				

In summative examinations, 75 MCQ's will be asked [75X1=75 marks] from all 5 CO's in equal weightage.

Distribution of Marks with K Level				
K Level	Section A (Multiple Choice Questions)	Total Marks	% of (Marks without choice)	Consolidated %
K1	40	40	53	100
K2	35	35	47	
K3				
K4				
Marks		75	100	100
NB: Higher level of performance of the students is to be assessed by attempting higher level of K levels.				