

**Beauty and Wellness
Syllabus
MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04**

S. No	Sem	Category	Course Code	Course Title	No. of Hours/week		No. of Credits		
					T	P	T	P	
1	I	Part – I General Education	18DSWG11	Life Skills	4	-	4	-	
2			18DENG11	Communicative English	4	-	4	-	
3			18DCSG11	Fundamentals of Information Technology	4	-	4	-	
				Total		12	-	12	-
4		Part – II Skill Component	20DBWS11	Basic Beauty Therapy	4	2	4	2	
5			20DBWS12	Hair Dressing and StylingLab	2	4	2	4	
6	20DBWS13		Waxing and Salon ManagementLab	2	4	2	4		
			Total		8	10	8	10	
1	II	Part – I General Education	18DSWG21	Professional Skills	4	-	4	-	
2			18DENG21	Professional English	4	-	4	-	
3			20DBWG21	Basic Skin Care	4	-	4	-	
				Total		12	-	12	-
4		Part – II Skill Component	20DBWS21	Skin care Routine and Face TreatmentsLab	2	4	2	4	
5			20DBWS22	Professional Make Up Lab	2	4	2	4	
6	20DBWS23		Internship	-	6	-	6		
			Total		4	14	4	14	
			Grand Total		36	24	36	24	

Class	: Community College Courses	Part I	: GE
Semester	: I	Hours	: 04
Subject Code	:18DSWG11	Credits	: 04

LIFE SKILLS

COURSE OUTCOME

On successful completion of this course, the students will be able to

CO1: understand concepts, meaning, definitions & fundamentals of life skills.

CO2: provide them a thorough grounding in the basics of the subject

CO3: develop and articulate respect for the diversity of talents, ways of knowing and learning

UNIT I: Introduction to life Skills

Introduction to life Skills and Importance – Personality – Definition – Traits – SWOT

UNIT II: Concept of Self

Concept of Self: Self Image / Identity / Self Esteem – Factors Affecting Self Esteem – High / Low Esteem – Attitude Building – Meaning – Elements – Factors Affecting Attitude

UNIT III: Interpersonal Skills

Interpersonal Skills: Meaning – Elements – Factors Affecting Interpersonal Skills – Need for Interpersonal Skills

UNIT IV: Thinking

Thinking: Meaning – Types – Creative – Reasoning – Techniques.

UNIT V: Emotions

Emotions: Definition – Characteristics – Types – Emotional Intelligence – Etiquettes – Grooming – Making Positive Impressions.

TEXT BOOK:

1. Alphonse Xavier S.J., *We Shall Overcome – A Text Book on Life Coping Skills*, ICRDCE Publications, Chennai: March 2004.

REFERENCE BOOKS:

1. RavikanthRao. K. *Life Skills Education*, 2016
2. Anderson, J. *The Perceptions of Students, Teachers, and Parents Regarding the Value of the LIFE SKILLS and Lifelong Guidelines Program. Unpublished PhD Dissertation: East Tennessee State University*, 2005.
3. Assaly, I. *A content analysis of the reading and listening activities in the EFL textbook of master class*. Education Journal ,2014.

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class	: Community College Courses	Part I	: GE
Semester	: I	Hours	: 04
Subject code	: 18DENG11	Credits	: 04

COMMUNICATIVE ENGLISH

COURSE OUTCOME

On successful completion of this course, the students will be able to

- CO1: Acquire the basic language skills.
- CO2: **Speak and write** without mistake
- CO3: **Develop confidence in their voice**

UNIT I : LISTENING SKILL

Basic Listening Skills - Listening to Radio and Television - Listening to Talks and Presentations – Tips for Effective Listening

UNIT II : SPEAKING SKILL

Basic Speaking Skills – Steps to Speak Easy – Formal and Informal Conversation– Describing pictures and people

UNIT III : READING SKILL

Importance of Reading - Levels of Reading - Techniques of Reading – Reading Comprehension.

UNIT IV : WRITING SKILL

Sentence - Phrase, Clause - Construction of Paragraph - Linkage and Cohesion

UNIT V : GRAMMAR AND USAGE

Kinds of Sentences - Parts of Sentence - Parts of Speech - Types of Sentences

REFERENCE

Material will be supplied by the Department of English

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class	:Community College Courses	Part I	: GE
Semester	: I	Hours	: 04
Subject Code	: 18DCSG11	Credits	: 04

FUNDAMENTALS OF INFORMATION TECHNOLOGY

COURSE OUTCOMES

On successful completion of this course, the students will be able to

CO1: Introduce the fundamentals of computing devices and reinforce computer vocabulary, particularly with respect to personal use of computer hardware and software, the Internet, networking.

CO2: Identify and analyze computer hardware, software, and network components.

CO3: Provide foundational or “computer literacy” curriculum that prepares students for life-long learning of computer concepts and skills.

UNIT I: INTRODUCTION TO COMPUTER SYSTEMS

Introduction to Computers: Introduction – Importance of Computers – Characteristics of Computers – Classification of Computers – Uses of Computers Five Generations of Modern Computers: Introduction – First Generation Computers – Second Generation Computers – Third Generation Computers – Fourth Generation Computers – Fifth Generation Computers classification of Digital Computer Systems: Introduction – Microcomputers – Minicomputers – Mainframes – Supercomputers – Network Computers. Anatomy of a Digital Computer: Introduction - Parts of a Computer.

UNIT II : CENTRAL PROCESSING UNIT, MEMORY, INPUT AND OUTPUT DEVICES

Central Processing Unit (CPU) and Memory: Introduction – Central Processing Unit (CPU) – Memory – Memory Organization – Random Access Memory (RAM) Read Only Memory (ROM) – Registers – Factors Affecting Processor Speed – Instruction Set – Machine Cycle –Working of CPU and Memory. Input Devices: Introduction – Keyboard – Mouse – Trackball – Game Controllers – Scanners – Barcode Reader – Card Reader – Digitizer – Voice Recognition – Webcams – Digital Cameras Video Cameras (Camcorders) – Optical Character Recognition (OCR) – Optical Mark Recognition (OMR) – Intelligent Character Recognition (ICR) – Magnetic Ink Character Recognition (MICR) Output Devices: Introduction – Monitor – Printer – Plotter – Multimedia Projector – Speech Synthesizers – Sound Cards and Speakers – Dumb, Smart and Intelligent Terminals.

UNIT III :PROGRAMMING LANGUAGES AND OPERATING SYSTEMS

Programming Languages: Introduction – Machine Languages – Assembly Languages – High- Level Languages – Types of High-Level Languages – Compilers and Interpreters – Compilation Process. Operating Systems: Introduction – Functions of an Operating System – Classification of Operating Systems.

UNIT IV: DATABASE MANAGEMENT SYSTEMS AND COMPUTER NETWORKS

Introduction to Database Management Systems: Introduction – Information – Data and Data Management – Database Systems – Organization of Database – Characteristics of Data in a Database – Database Management Systems – Functions of DBMS – Database Users. Computer Networks: Introduction – Overview of a Network – Communications Processors – Communications Media – Telecommunications Software – Types of Networks – Network Topology – Network Protocols – Network Architecture.

UNIT V: INTERNET, WORLD WIDE WEB AND ELECTRONIC MAIL

Internet & World Wide Web: Introduction – What is Special about the Internet? – Internet Access – Internet Basics – Internet Protocols – Internet Addressing – World Wide Web (WWW) – Web Pages and HTML – Web Browsers – Searching the Web – Internet chat. Overview of Electronic Mail: Introduction – How E-mail works? – Why Use E- mail? – E-Mail – Names and Addresses – Mailing Basics.

LIST OF PRACTICAL

1)MS -WORD

1. Preparing a news Letter
2. Designing your Bio-Data
3. Creating and editing the table
4. Create Mail Merge
5. Advertisement Designing

2)MS -EXCEL

1. Operating on the sheets
2. Using formulas and functions
3. Perform Student's Mark Statement
4. Display Score Boards using Pie Charts
5. Display Sales Analysis using Bar Charts

3)MS -ACCESS

1. Create an Employee Table
2. Create a Stock Table and insert 10 records

3. Create Student Mark List
4. Generating Queries in Access

4)MS -POWERPOINT

1. Creating a new presentation based on template
2. Displaying College Details
3. Displaying Advertisement Presentation

TEXTBOOKS:

1. Alexis Leon and Mathews Leon, *Fundamentals of Information Technology*, L& L Consultancy Pvt. Ltd., 1999, Second Edition.

Unit I – Chapters 1 and 5

Unit II – Chapters 7, 9, 10

Unit III – Chapters 13, 14

Unit IV – Chapters 16, 21

Unit V – Chapters 24, 25

REFERENCE BOOKS:

1. Rajaraman Neeharika Adabala .V., *Fundamentals of Computers* PHI Learning Private Limited, Delhi, 2015, Sixth Edition.
2. Sarkar .S.K., A.K.Gupta, *Elements of Computer Science* S.Chand & Company LTD, Delhi, Second Edition, 2002
3. Balagurusamy .E., *Fundamentals of Computing and Programming Updated*, First Edition Tata McGraw Hill Education PVT LTD, 2010.
4. <https://en.wikipedia.org>
5. <https://bosslinux.in/sites/default/files/BOSS4.0-Usermanual.pdf> (For EduBOSS3.0)
6. <https://wiki.openoffice.org/wiki/Documentation>
7. <http://windows.microsoft.com/en-in/windows/windows-basics-all-topics>

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class :Diploma in Beautyand Wellness	Part II	:Skill
Semester : I	Hours.	: 06 Subject
code : 20DBWS11	Credits	: 06

BASIC BEAUTY THERAPY

COURSE OUTCOMES:

On successful completion of the course, the students will be able to

CO1: analyze the skin

CO2: demonstrate pedicure to the client

CO3:apply manicure to the client

UNIT I:Skin

Define Skin-Functions of the skin- Structure of the skin- Skin analysis-Procedure of skin analysis- Basis of skin care-Threats to the skin-Internal threats-External threats.

UNIT II:Skin care treatment

Skin types-Normal skin-Dry skin- Oily skin- Combination skin – Additional characteristics-Home treatments- PH balance- Acid mantle-skin allergies and problems-Patch Test.

UNIT III:Nails

Structure and functions of nails- Nail growth- Muscles and bones of hands and legs
List of common disorders seen on hands and legs-Blue nails-Bruised nails- Egg shell
Nails- Hand nail-Leychonychia-longitudinal ridges- Minor nail separation (onycholysis)-
Onychophagy-Onychorrhaxis-Pitting-Pterygium-Transverse furrows-Calluses-Corns.

UNIT IV:Manicure

Manicure-Purpose of manicure-Nail treatment-Hand massage-
Styles of polish application-Contra indication-equipment and materials-Procedure before
beginning-Home care.

UNIT V:Pedicure

Pedicure-Purpose of pedicure-Nail treatment-Leg massage-Styles of polish application-
Contra indication-Equipment and materials-Procedure before beginning-Home care.

LIST OF PRACTICALS:

- Hand Massage
- Classic Manicure
- Leg Massage
- Classic Pedicure

TEXTBOOKS:

1.K.S.Sritha,*Skin and Beauty*, September 2019 CADD Centre Training Services Pvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

Unit II – Chapters 7, 9

Unit III – Chapters 6,8

Unit IV – Chapters 3,4,9,10

Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within*, USA, Harper Collins Publisher, 2020
2. Caroline Hirons, *Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.
4. RachealPontillo, *Love Your Skin*, 1st Edition, Sennin Group LLC, Newyork, 2017.
5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class: Diploma in Beauty and Wellness	Part II	: Skill
Semester : I	Hours	: 06
Subject code : 20DBWS12	Credits	: 06

HAIR DRESSING AND STYLING LAB

COURSE OUTCOME

On successful completion of the course, the students will be able to

CO1: communicate effectively with coworkers and customers

CO2: learn to Work as a team

CO3: work in the beauty and wellness sector

CO4: highlight the benefits of head massage.

CO5: identify the methods of Shampooing and conditioning.

UNIT–I: Personal effectiveness

Job profile for beautician-General code of conduct-Responsibilities of beautician-Client care-Personal health hygiene and appearance- Professional appearance-Hygiene in work place-First aid-Client consultation..

UNIT–II: Introduction to Beauty sector and generic skills.

Points of discussion-Different types of organizations within beauty related industries- Different job roles in beauty and wellness sector- Carry out communication effectively with co- workers and customers-General codes of conduct to work as team.

UNIT–III: Head Massage

Benefits of head massage-Methods to head massage-Oils to be used in head massage- Tools to be used in head massage- Procedure -Massage strokes- Relaxing strokes- Pressure points-Neck massage- Back massage-After care.

UNIT–IV: Shampooing and Conditioning.

Meaning-Required tools and products-Procedure-Method of shampooing- Method of Conditioning-Towel Draping.

UNIT V:Henna Application

Benefits of Henna-conditions hair- covers grey –Treat Dandruff - Henna in Saloon- Mixing Procedure- Ingredients to make henna –Client Preparation- procedure.

LIST OF PRACTICALS:

- Head massage

- Shampooing and conditioning
- Henna Application

TEXTBOOKS:

1.K.S.Sritha,*Skin and Beauty*, September 2019 CADD Centre Training ServicesPvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

Unit II – Chapters 7, 9

Unit III – Chapters 6,8

Unit IV – Chapters 3,4,9,10

Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within* , USA, Harper Collins Publisher , 2020
2. Caroline Hirons ,*Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.
4. RachealPontillo, *Love Your Skin*, 1st Edition, Sennin Group LLC, Newyork, 2017.
5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017.

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)

Madurai – 04

Class: Diploma in Beauty and Wellness	Part II	:Skill
Semester : I	Hours	:06
Subject code : 20DBWS13	Credits	: 06

WAXING AND SALON MANAGEMENT LAB

COURSE OUTCOMES:

On successful completion of the course, the students will be able to

CO1: examine the under arm waxing, Arm waxing and Leg waxing

CO2: maintain Hygiene and Follow safety rules

CO3: communicate with clients in pleasing manner.

UNIT I: Health and safety Measures

Safe and hygienic environment-Workplace regulations- Accidents in work place – Disposable of wastes- First Aid- Personalhygiene, appearance of Beauticians-Standing postures- Sitting postures.

UNIT–II: Personality Development

Positive Traits- Space for Imperfection- Spontaneity in work- Stay enthusiastic- Sign of a Good Communicator-Passionate worker- Stress Management- Strong Personality.

UNIT–III: Customer Service

Meaning-Principle of customer service- Skills that you need to equip yourself for Good customer service-Ethics-Benefits of Ethics-Importance of ethics.

UNIT–IV: Hair Removal Methods

Permanent Methods- Laser Hair Removal- Structure of Hair- Functions of hair- Parts of the hair-Types of the hair- Hair growth

UNIT V:Waxing

Types of wax- General techniques for waxing-Cubical preparation- Procedure – Contra action-After care and advice.

LIST OF PRACTICALS:

- Face Wax
- Under arm waxing
- Arm waxing
- Leg waxing
- Hot wax

TEXTBOOKS:

1. K.S.Sritha, *Skin and Beauty*, September 2019 CADD Centre Training Services Pvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

- Unit II – Chapters 7, 9
- Unit III – Chapters 6,8
- Unit IV – Chapters 3,4,9,10
- Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within*, USA, Harper Collins Publisher, 2020
2. Caroline Hirons, *Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.
4. Racheal Pontillo, *Love Your Skin*, 1st Edition, Sennin Group LLC, Newyork, 2017.
5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017.

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class :Community College Courses
Semester : II
Subject code :18DSWG21

Part I :GE
Hours : 04
Credits : 04

PROFESSIONAL SKILLS

COURSE OUTCOMES

On successful completion of this course, the students will be able to

CO1: acquire skills to manage time and to recognize the importance of motivation and goal setting

CO2: understand concepts, meaning of social skills and its importance

CO3: apply workplace etiquettes and preparing for the job.

UNIT I:Goal Setting

Goal Setting: Definition – SMART Principle – Difficulties in Goal Setting – Process and Types.

UNIT II: Leadership Skills

Leadership Skills: Styles of Leadership – Transactional and Transformational – Johari Window – Methods and Techniques of Developing Interpersonal Skills.

UNIT: III: Time Management

Time Management: Meaning – Importance – Obstacles in Managing – Steps for Effective Time Management – Stress – Meaning – Types – Factors Causing Stress – Coping Mechanisms.

UNIT IV: Management and Planning

Management and Planning: Meaning – Principles – Practices–Functions – Types of Plans – Steps in Planning

UNIT V:Strategic Planning

Strategic Planning: Development Mapping – Sustainability – Commercial Viability – Market Analysis.

TEXT BOOK:

1. Alphonse Xavier S.J., *We Shall Overcome – A Text Book on Life Coping Skills*, ICRDCE Publications, Chennai: March 2004.

REFERENCE BOOKS:

1. Leonard S.Genry.,*Journal of Extension*,(October, 2006), Study of life skill development of Oklahoma 4-H alumni during the years Of 4-H participation 1969-1998.
2. Thomas A. Smith .,*Journal of Extension* ,April, 2005,Evaluating a youth leadership life skills development program..
3. Bhatia .H. S.,*Art of Interview* ,19th Edition, 2013,

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous) Madurai – 04

Class	:Community College Courses	Part I	: GE
Semester	: II	Hours	: 04
Subject code	: 18DENG21	Credits	: 04

PROFESSIONAL ENGLISH

COURSE OUTCOMES

On successful completion of this course, the students will be able to

CO1: expand their vocabulary

CO2: become effective communicators

CO3: acquire the career skills

UNIT I: WORKING WITH WORDS

Vocabulary – Spelling and Pronunciation – Punctuation

UNIT II :SPEECH PRACTICE

Short speeches on topics of day to day - Speaking for Life and Work – Group Discussion

UNIT III :ACADEMIC CORRESPONDENCE

Academic Letter Writing - Report Writing -Proposal Writing

UNIT IV :GRAMMAR AND USAGE

Transformation of Sentences (Affirmative into Negative) – Framing Questions – Tag Questions

UNIT V : CAREER SKILLS

Applying for Job - Covering Letter - Resume and Effective Profiling – Interviews

REFERENCE

Material will be supplied by the Department of English

**MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04**

Class: Diploma in Beauty and Wellness

Part I :GE

Semester :II

Hours : 04

Subject code : 20DBWG21Credits : 04

BASIC SKIN CARE

COURSE OUTCOMES

On successful completion of the course, the students will be able to

CO1: define threading and understand the purpose of threading.

CO2: classify the types of eyebrows

CO3: shape eyebrows and forehead.

UNIT I: Threading

Threading method- client consultation- Contraindication- Preparation of Trolley –
Choosing the Eyebrows –Eyebrow measurement to decide length- Face shapes and correct
eyebrow shapes- Eyebrow shaping.

UNIT II: Bleaching

Procedure for Bleaching- Types of Bleaching – Procedures for cream bleach – Oxy
bleaching – Fruit bleaching –Detan–Client consultation.

UNIT III: Clean Up

Process of clean up – Procedure of clean up –Trolley setting – Cleansing-Toning –Scrub –Blackheads removing -Pack.

UNIT IV:Salon Planning and Home remedies

Reception setting- The Receptionist-Staff Responsibilities-importance of Home remedies-Consideration before selling Homecare.

UNIT V: Personal Effectiveness

Job profile- General code and conducts – Responsibilities of a Beautician – Client care- Personal Health and Appearance.

LIST OF PRACTICALS:

- Forehead Threading
- Eyebrows, upper lip and chin Threading
- Crème Bleach
- Detan
- Cleanup

TEXTBOOKS:

1.K.S.Sritha,*Skin and Beauty*, September 2019 CADD Centre Training ServicesPvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

Unit II – Chapters 7, 9

Unit III – Chapters 6,8

Unit IV – Chapters 3,4,9,10

Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within* , USA, Harper Collins Publisher , 2020
2. Caroline Hirons ,*Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.

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5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017.

**MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
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Class: Diploma in Beauty and Wellness
Semester :II
Subject code : 20DBWS21

Part II :Skill
Hours : 06
Credits : 06

Skin care Routine and Face Treatments Lab

COURSE OUTCOMES

On successful completion of the course, the students will be able to

CO1: implement the strategies of facial

CO2: apply facial for normal, dry and oily skin

CO3: demonstrate Gold facial for brides.

UNIT-I: Skin

Skin:Definition- Functions of skin-structure of skin-Skin layer-Epidermis- Dermis- Analysis of skin- Additional characteristics of skin-Propertiesof skin.

UNIT-I: Skin types and Problems

Types of skin-Dry skin-Normal skinCombination skin- Oily skin- Sensitive skin- Dehydrated skin-odematous skin Allergic skin-Skin allergies and skin problems- suggesting facials as per skin types.

UNIT-III: Facial

Facial types-Required products-Tools and equipment -Process-Procedure- Post care tips

UNIT-IV: Facial Procedure

Preparation of the client-Cleansing-Exfoliation-Warming the skin steaming-Come do removal- Toners-Benefits of skin toners-Application techniques-Facial massage- Massage movements-Mask Treatments-Mask types-Sun protection chapter.

UNIT–V:Types of facial

Detan- fruit cleansing-facial for Dry skin-facial for sensitive skin
Gold Facial-Bridal Facial.

LIST OF PRACTICALS:

- DeTan
- Pearl Facial for Dry skin
- Silver facial for sensitive skin
- Gold Facial
- Bridal Glow

TEXTBOOKS:

1. K.S.Sritha,*Skin and Beauty*, September 2019 CADD Centre Training ServicesPvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

Unit II – Chapters 7, 9

Unit III – Chapters 6,8

Unit IV – Chapters 3,4,9,10

Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within* , USA, Harper Collins Publisher , 2020
2. Caroline Hirons ,*Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.
4. RachealPontillo, *Love Your Skin*, 1st Edition, Sennin Group LLC, Newyork, 2017.
5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017.

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class: Diploma in Beauty and Wellness

Part II :Skill

Semester :II

Hours : 06

Subject code : 20DBWS22

Credits : 06

PROFESSIONAL MAKE UP LAB

COURSE OUTCOMES

On successful completion of the course, the students will be able to

CO1: master themselves in Facial

CO2: sketch different hairdo and drape saree perfectly

CO3: acquire Bridal Makeover efficiently

UNIT-I Introduction to Makeup

Skin types-Cleansing, Toning and Moisturizing.-Makeup –contra indication-equipment and materials-makeup sequences-preparing the treatment area-preparing the skin-brushes-color theory-makeup sequences.

UNIT–II: Saree Draping

Choosing perfect sarees for different occasions - Assisting in draping a Saree according to one's body structure – Pleating techniques – South IndianSareedraping – North Indian Sareedraping.

UNIT–III: Hair Do

Blow drying – Braiding – Traditional bridal bun – South Indian hair style – Loose bun with decorations – Hair styles using tongs .

UNIT IV: Party Makeup

Cleansing- toning- Moisturizing- Primer Application – Corrector – foundation – highlighter – lip gloss- rainbow eye makeup – fixing.

UNIT V: Bridal Makeup

Cleansing- Toning- Moisturizing– Primer Application – Corrector- Foundation – highlighter –Contour- Powder- Lip makeup- Eye makeup – Fixing.

LIST OF PRACTICALS:

- Typical south Indian Sareedraping
- Typical North Indian Sareedraping
- Traditional Hairstyling
- Party hairstyle
- Party makeup
- Muhurtham Makeup

TEXTBOOKS:

1.K.S.Sritha,*Skin and Beauty*, September 2019 CADD Centre Training ServicesPvt. Ltd.

Unit I – Chapters 1, 2, 3, 4

Unit II – Chapters 7, 9

Unit III – Chapters 6,8

Unit IV – Chapters 3,4,9,10

Unit V – Chapters 4

REFERENCE BOOKS:

1. Joanna Vargas, *Glow from Within* , USA, Harper Collins Publisher , 2020
2. Caroline Hirons ,*Skin care ;The Ultimate No- Nonsense Guide*, Illustrated Edition, HQ Publisher, USA 2020.
3. Gretchen Davis and Mindy Hills, *The Makeup artist Handbook*, 3rd Edition, Routledge Publisher, USA, 2017.

4. RachealPontillo, *Love Your Skin*, 1st Edition, Sennin Group LLC, Newyork, 2017.
5. Bee Shapiro, *Skin Deep*, Illustrated Edition, Publisher ; Harry N Abrams, New York, 2017.

MANNAR THIRUMALAI NAICKER COLLEGE (Autonomous)
Madurai – 04

Class: Diploma in Beauty and Wellness

Part II :Skill

Semester :II

Hours : 06

Subject code : 20DBWS23

Credits : 06

INTERNSHIP

INTERNSHIP ASSESSMENT

(Req. Max: Formative: 60 marks, Summative: 40 marks)

Formative Evaluation (Industrial Partner)

- Evaluation Form (60 marks)

Applicat ion of Knowle dge	Care for Tools& Equipm ent	Econo mic use of Materi al	Safety Conscious ness	Spe ed	Accur acy	Quality of Workman ship	Amo unt of Work	Numb er of Attem pts	Attitu de

Rating Scale: Excellent- 6; Very Good- 5; Good- 4; Fair- 3; Satisfactory – 2; Poor - 1

Summative Evaluation (Course Teacher)

- Case Study/ Project (20 marks)
- Viva (20 marks)