



**MANNAR THIRUMALAI NAICKER COLLEGE (AUTONOMOUS)**  
**VALUE EDUCATION**  
 (For those who joined in 2021-2022 and after)

<b>Course Name</b>	<b>VALUE EDUCATION</b>				
<b>Course Code</b>	<b>21UVLG21</b>	<b>L</b>	<b>P</b>	<b>C</b>	
<b>Category</b>	<b>Mandatory</b>	<b>2</b>	<b>-</b>	<b>2</b>	
<b>Nature of course:</b>	<b>EMPLOYABILITY</b>	<b>✓</b>	<b>SKILL ORIENTED</b>	<b>ENTREPRENEURSHIP</b>	
<b>Course Objectives:</b>					
<ul style="list-style-type: none"> <li>• To understand the meaning of values</li> <li>• To interpret Indian culture in a scientific manner</li> <li>• To assess the values of health, mind, aestheticism, spiritualism,</li> <li>• To evaluate the impact of society</li> <li>• To appraise moral values in the society</li> </ul>					
<b>Unit: I</b>	<b>Introduction to Value Education</b>				<b>06</b>
Value Education – Definition, Views on Education – Socrates, Plato, Aristotle, Mahatma Gandhi, Swami Vivekananda, Sri Aurobindo, Rabindrath Tagore and Dr. S. Radhakrishnan – Concept of Human Values – Family Values – Aesthetic Values – Ethical Values – Spiritual Values					
<b>Unit: II</b>	<b>Character Formation – Personal &amp; Personality Development</b>				<b>06</b>
Self-Discipline – Self-Confidence – Self-Initiative – Self-awareness – Empathy – Compassion – Forgiveness – Honesty and Courage Leadership qualities – Personality Development					
<b>Unit: III</b>	<b>Religious Values and Communal Harmony</b>				<b>06</b>
Introduction to Religious Values – Karma Yoga in Hinduism – Love and Justice in Christianity – Brotherhood in Islam – Compassion in Buddhism – Ahimsa in Jainism – Courage in Sikhism – Need for Religious Harmony					
<b>Unit: IV</b>	<b>The Power of Mind – Therapeutic Measures</b>				<b>06</b>
Controlling Mind – Physical Exercise – Meditation – Mudras – Yoga – Asanas Concept of Mind in the Upanishads – Moralization of Desires – Neutralization of Anger – Five Ways to Check Worry Habit and Eradication – Benefits of Blessings The Power of Mind – the Power of Positive Thinking					
<b>Unit: V</b>	<b>Human Rights and Universal Values</b>				<b>06</b>
Concept of Human Rights – Classifications – Human Rights of Women and Children – Violation and Redressal – Safeguards Universal Values – Mutual respect for different cultures, people in India and across the globe					
<b>Total Lecture Hours</b>					<b>30 Hrs</b>

<b>Books for Study:</b>	
1. Materials will be prepared by Dr. V. P. Rathi and Dr. R. Meenakshi Devi	
<b>Books for References:</b>	
1. Das, M.S. & Gupta, V.K. : <i>Social Values among Young adults: A changing Scenario</i> , M.D. Publications, New Delhi, 1995.	
2. Jash, P. <i>Glimpses of Hindu Cults and Culture</i> , Sundeep Prakashan, Delhi, 1997. NCERT, Education in Values, New Delhi, 1992.	
3. R. C. Pradhan, “Language and Mind in the Upanishads”, <i>Language and Mind: The Classical Indian Perspective</i> , ed. K. S. Prasad, Hyderabad Studies in Philosophy no. 5, Decent Books, New Delhi, 2008.	
4. Vincent Peale, Norman. <i>Six Attitudes for Winners</i> , Jaico Publishing House, Mumbai, 2009.	
5. Vivekananda, Swami. “Personality Development”, Advaita Ashrama, Kolkata, 2008.	
<b>Web Resources:</b>	
<a href="https://www.hzu.edu.in/bed/Basics-in-Education%20(NCERT).pdf">https://www.hzu.edu.in/bed/Basics-in-Education%20(NCERT).pdf</a>	
<a href="https://nptel.ac.in/content/storage2/courses/109101003/downloads/Lecture-notes/Lecture-6.pdf">https://nptel.ac.in/content/storage2/courses/109101003/downloads/Lecture-notes/Lecture-6.pdf</a>	
<a href="https://nptel.ac.in/content/storage2/courses/109104115/PDF/lec38.pdf">https://nptel.ac.in/content/storage2/courses/109104115/PDF/lec38.pdf</a>	
<b>Course Outcomes</b>	
<b>CO1:</b>	Understand the meaning of values and culture
<b>CO2:</b>	Develop as socially responsible citizens
<b>CO3:</b>	Create a communal harmonious society and practice unity in diversity
<b>CO4:</b>	Identify the power of thoughts and words
<b>CO5:</b>	Correlate the relationship between values and human rights
	<b>K Level</b>
	<b>K2</b>
	<b>K3</b>
	<b>K3</b>
	<b>K3</b>
	<b>K4</b>

**CO & PO Mapping:**

COS	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6
CO 1	-	-	-	3	3	1
CO 2	-	-	-	3	3	1
CO 3	-	-	-	3	3	1
CO 4	-	-	-	3	3	1
CO 5	-	-	-	1	1	1

\*3 – Advanced Application; 2 – Intermediate Development; 1 - Introductory Level

**LESSON PLAN**

<b>Unit</b>	<b>Course Name</b>	<b>Hrs</b>	<b>Pedagogy</b>
<b>I</b>	<b>Introduction to Value Education</b> Value Education – Definition, Views on Education – Socrates, Plato, Aristotle, Mahatma Gandhi, Swami Vivekananda, Sri Aurobindo, Rabindrath Tagore and Dr. S. Radhakrishnan – Concept of Human Values – Family Values – Aesthetic Values – Ethical Values – Spiritual Values	6	Chalk and Talk, PPT, YouTube
<b>II</b>	<b>Character Formation – Personal &amp; Personality Development</b> Self-Discipline – Self-Confidence – Self-Initiative – Self-awareness – Empathy – Compassion – Forgiveness – Honesty and Courage Leadership qualities – Personality Development	6	Chalk and Talk, PPT, YouTube and Students' Presentations
<b>III</b>	<b>Religious Values and Communal Harmony</b> Introduction to Religious Values – Karma Yoga in Hinduism – Love and Justice in Christianity – Brotherhood in Islam – Compassion in Buddhism – Ahimsa in Jainism – Courage in Sikhism – Need for Religious Harmony	6	Chalk and Talk, PPT, YouTube, Assignment
<b>IV</b>	<b>The Power of Mind – Therapeutic Measures Therapeutic Measures – Education, the Panacea</b> Controlling Mind – Physical Exercise – Meditation – Mudras – Yoga – Asanas Concept of Mind in the Upanishads – Moralization of Desires – Neutralization of Anger – Five Ways to Check Worry Habit and Eradication – Benefits of Blessings The Power of Mind – the Power of Positive Thinking	6	PPT, YouTube, Exercise and Demonstrations
<b>V</b>	<b>Human Rights and Universal Values</b> Concept of Human Rights – Classifications – Human Rights of Women and Children – Violation and Redressal – Safeguards Universal Values – Mutual respect for different cultures, people in India and across the globe	6	Case studies

Course Designed by: **Dr. V. P. Rathi**, Assistant Professor